

Child Care Aware® NEWS



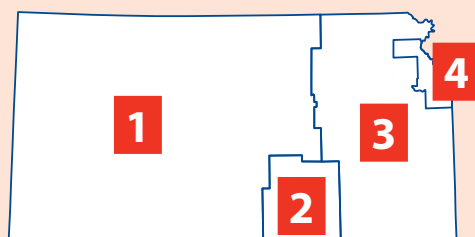
Kansas' most trusted child care resource.

REGION ONE

Colby - 1255 S. Range, Colby
Community College Library
Garden City - 502 N. 7th St, Ste B2
Hays - 1010 Downing, Ste 60
Salina - 1508 E. Iron

Phone: Toll free 1-855-750-3343
Website: www.ks.childcareaware.org/one.html

Counties Served: Barber, Barton, Cheyenne, Clark, Clay, Cloud, Comanche, Decatur, Dickinson, Edwards, Ellis, Ellsworth, Finney, Ford, Gove, Graham, Grant, Gray, Greeley, Hamilton, Harper, Haskell, Hodgeman, Jewell, Kearny, Kingman, Kiowa, Lane, Lincoln, Logan, Marion, McPherson, Meade, Mitchell, Morton, Ness, Norton, Osborne, Ottawa, Pawnee, Phillips, Pratt, Rawlins, Reno, Republic, Rice, Rooks, Rush, Russell, Saline, Scott, Seward, Sheridan, Sherman, Smith, Stafford, Stanton, Stevens, Thomas, Trego, Wallace, Washington, Wichita



REGION ONE • Toll free 855-750-3343
 Service Centers: Salina, Hays, Garden City, Colby

REGION TWO • Toll free 800-684-3962
 Service Center: Wichita

REGION THREE • Toll free 877-678-2548
 Service Centers: Topeka, Lawrence, Pittsburg

REGION FOUR • Toll free 800-755-0838
 Service Center: Kansas City

Service Delivery Areas

Four Child Care Resource and Referral Agencies (CCR&Rs), located across Kansas, provide services to all 105 counties. Together, we offer many services for families, child care providers and community members.

Our referral center makes finding quality child care programs quick and easy for parents and families.

For child care providers and early learning staff, professional development opportunities and resources are available.

For local communities, supply and demand data paints the picture about child care.

These are just a few of our many services - for more details about all of the work we do, please contact your local CCR&R.

Profile and Vacancy Winners

The providers below have won a Wal-Mart gift card for updating their profiles.

Jody Bunger - Hays, KS
 Olga Flores - Dodge City, KS

The providers below have won a Wal-Mart gift card for updating their vacancies.

Heidi Martin - Hutchison, KS
 Diana Wildeman - Grainfield, KS
 Leslie Hernandez - Dodge City, KS

Make sure to update your profile and vacancies to be entered in to win a Wal-Mart gift card. Call us at 855-750-3343!



Staff Directory

MEGAN BECKLEY, Data Clerk
megan@ks.childcareaware.org

APRIL BONILLA
 Infant/Toddler Specialist
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TANYA KOEHN, Director
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BRETT SCHMIDT
 Infant/Toddler Specialist
brett@ks.childcareaware.org

Meet Our Staff



April Bonilla is an Infant/Toddler Specialist in the Salina office. The desire to help others led her to Kansas State University-Salina, where she received her Bachelor's Degree in Family Studies and Human Services. Her experience in early childhood includes providing care for toddlers at the Child Development Center while stationed at Spangdahlem AFB in Germany, as well as assisting with children in a dental and medical setting. Her experience working with children is also enriched by her personal life. She and her significant other Salvador, bring together a mix of 8 wonderful children, 1 grandchild and 2 more on the way! April's love of children and understanding of child development gives her a great appreciation for those in the early childhood field. She is grateful for the opportunity to help providers enhance the experiences of young children in their care.



**FIELD TRIPS
THAT COME
TO YOU!**

FEBRUARY
Totally Teeth

MARCH/APRIL
Little Explorers

YEAR ROUND FIELD TRIPS –
Teddy Bear Check-up and Icky Sticky Germs

CALL 1-855-750-3343 FOR MORE INFORMATION AND TO SCHEDULE YOUR FIELD TRIP TODAY!

Sunshine, Blossoms and Childhood Development

The current frosty temperature and icy wind is a chilly reminder that winter has arrived in Kansas. Bundling up in our warmest coats, hats, gloves and scarves to build a smiling snowman or sled down our favorite hill are activities that we look forward to sharing with our children and grandchildren during the winter season. Before we know it, however, the sunshine will return, the air will warm and everything around us will turn green. Spring will soon be here to help us shake off the winter cold, bulky coats and fuzzy sweaters!

Although spring officially begins on March 20th, we are already seeing signs of her impending arrival; seed and gardening catalogs have been arriving in the mail! After receiving my first catalog just several days before Christmas, I began daydreaming about the new plants that were available and how to include them in my garden. Moreover, the catalogs always take me back to my many years as a preschool/toddler teacher and I fondly reminisce about how much fun the children had with these cheery, colorful catalogs.

While the children enjoyed looking at all the beautiful plants and choosing just the right pictures to complete their art collages, they were completely unaware that they were also building and developing their skills. Finding opportunities to help children develop skills are all around us if we take the time to look; a simple seed or garden catalog is a perfect example. The catalogs create opportunities for the following:

- Fine motor skill development – tearing and cutting pages and pictures are both fun as well as good practice using fine motor skills.*
- Math skills- the pictures are perfect for learning about sorting and matching, recognizing colors, and distinguishing between same and different .*
- Science experiments- there are a large number of activities using plants that help children learn about science, such as, planting seeds to grow a garden or using food coloring to show how plants absorb water.*
- Literacy-there are a large number of books that children will enjoy reading, such as Growing Vegetable Soup by Lois Ehlert, or LUNCH! by Denise Flemming.*
- Create gifts-a potted plant is a wonderful project for a child to give as a gift to their parents.*

Even though opportunities are all around us, findings ways to share them with children may not always be easy. If you interested in learning more or need help getting started, Child Care Aware® Region One has a tremendous amount of resources available including: visiting with a specialist, checking out materials from our lending library or attending one of the many training events. So we challenge you to put on your fun, spring hat and start thinking about ways to help children welcome spring and all the wonderful growth that comes with it.

Professional Development Opportunities

| Date | Time | Location | Title | Trainer | Hours | Cost |
|---------|---------|--|--|-------------------|-------|------|
| 3/2/15 | 6:00 PM | Hays-Child Care Aware 1010 Downing Ave. | The Creative Curriculum for Preschool: How Children Develop | Brett Schmidt | 2 | \$10 |
| 3/7/15 | 9:00 AM | Colby- Colby CCC 1255 S. Range Rm. 253 | The Creative Curriculum for Preschool: Art | Michele Brungardt | 3 | \$15 |
| 3/7/15 | 1:00 PM | Colby- Colby CCC 1255 S. Range Rm. 253 | The Creative Curriculum for Preschool: Block Play | Michele Brungardt | 2 | \$10 |
| 3/9/15 | 6:30 PM | Clifton- Faith United Church Presbyterian 200 West St. | Flexible, Fearful, or Feisty <i>*FREE to members of NCKCCP</i> | April Bonilla | 2 | \$10 |
| 3/10/15 | 6:30 PM | Ellsworth- Ellsworth Co. Health Dept. 1603 Aylward Ave | Social Connections, Meeting Concrete Needs in Strengthening Families <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Rachel Jury | 2 | \$10 |
| 3/10/15 | 6:30 PM | Hays-Child Care Aware 1010 Downing Ave. | The Creative Curriculum for Preschool: Block Play | Michele Brungardt | 2 | \$10 |
| 3/12/15 | 6:30 PM | Great Bend-Barton Co. Community College Rm T-147 | The Importance of Parenting and Child Development in Strengthening Families <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Sherron French | 2 | \$10 |
| 3/19/15 | TBA | Russell - TBA | The Creative Curriculum- TBA | Jennifer Hecker | 2 | \$10 |
| 3/24/15 | 6:30 PM | Washington- 101 C St. | Listening and Responding to Families Needs | Debb Homman | 2 | \$10 |
| 3/25/15 | 6:30 PM | Pratt: St. Paul Lutheran Church 118 S. Thompson St. | Building Positive Relationships <i>** FREE Strengthening Families and Quality Steps Participants</i> | Kelly Cain-Swart | 2 | \$10 |
| 3/26/15 | 6:30 PM | Salina- Child Care Aware Office 1508 E Iron | The Creative Curriculum for Infants, Toddlers, and Twos: Tasting & Preparing Food | April Bonilla | 2 | \$10 |
| 3/28/15 | 9:00 AM | Phillipsburg- TBA | Social-Emotional Development for Infants, Toddlers, and their Parents <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Brett Schmidt | 6 | \$30 |
| 3/28/15 | 9:30 AM | Marion - 140 Elm | CSEFEL: Building Social Emotional Foundations <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Rachel Jury | 6 | \$30 |
| 3/31/15 | 6:30 PM | Hutchison- Hutchison Public Library 901 N. Main | Parent Engagement in Strengthening Families <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Sherron French | 2 | \$10 |
| 4/2/15 | TBA | Russell- TBA | The Creative Curriculum-TBA | Jennifer Hecker | 2 | \$10 |
| 4/4/15 | 9:00 AM | McPherson- The Well 101 N. Main St. | Social and Emotional Needs of Children in Strengthening Families <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Rachel Jury | 2 | \$10 |

INFORMATION FROM CHILD CARE AWARE® REGION ONE

| | | | | | | |
|---------|---------|---|--|-------------------|---|------|
| 4/7/15 | 6:30 PM | Salina Child Care Aware Office 1508 E Iron | Cradling Literacy: the Role of Meaningful Experiences in Supporting Early Language and Literacy | Sherron French | 2 | \$10 |
| 4/14/15 | 6:30 PM | Garden City- 502 N 7th | Greetings and Departure | Debb Homman | 2 | \$10 |
| 4/14/15 | 6:30 PM | Garden City- 502 N 7th | Acknowledge, Ask, Adapt | Sherron French | 2 | \$10 |
| 4/16/15 | TBA | Great Bend- TBA | The Creative Curriculum-TBA | Jennifer Hecker | 2 | \$10 |
| 4/21/15 | 6:00 PM | Hays- Child Care Aware 1010 Downing Av. | A Child's Brain: Some Assembly Required | Brett Schmidt | 2 | \$10 |
| 4/22/15 | 6:15 PM | Beloit- 1711 N. Hersey Av. | The Creative Curriculum for Infants, Toddlers, and Twos: Exploring with Sand & Water | Debb Homman | 2 | \$10 |
| 4/23/15 | 6:15 PM | Salina- Child Care Aware Office 1508 E Iron | Acknowledge, Ask, Adapt | April Bonilla | 2 | \$10 |
| 4/28/15 | 6:30 PM | Ellsworth- Ellsworth County Health Department Aylward Ave | The Importance Of Parenting and Child Development in Strengthening Families <i>** FREE to Strengthening Families and Quality Steps Participants</i> | Rachel Jury | 2 | \$10 |
| 4/28/15 | 6:00 PM | Hays- Child Care Aware Office 1010 Downing Ave. | Safe Slumber: Creating a Safe Sleep Environment | Michele Brungardt | 2 | \$10 |

Class Descriptions

The Creative Curriculum® for Preschool: How Children Develop

Every person is unique and has specific interests, experiences, and learning styles. Knowing about how children develop and learn is the basis for planning a program, selecting materials, and guiding children's learning. In this event, the participants will understand how to support all children and guide them in different learning experience.

The Creative Curriculum® for Preschool: Art

Creative art is a language through which children express what they know and how they feel. The Art Area is a studio for children's development and learning. In this event participants will explore The Creative Curriculum's Art Area. Participants will learn how art promotes development and ways to set-up an Art Area that is inviting. Including selecting, storing art materials, and displaying children's artwork.

The Creative Curriculum® for Preschool: Block Play

Blocks appeal to young children because they feel good to the touch, are symmetrical, and invite open-ended explorations. When children construct, create, and represent their experiences with blocks, they grow in all areas of development.

Flexible, Fearful, or Fiesty

Infants come into the world with different temperament tendencies that play a major role in their behavior. The relationships that develop between infants and their caregivers, both at home and in child care, are strongly influenced by temperament. In order for every child in a group to thrive, caregivers need an understanding of temperamental differences and the flexibility to meet each child's temperamental needs.

Social Connections, Meeting Concrete Needs in Strengthening Families

This course will provide an introduction to the Strengthening Families approach which centers on shifting the focus from risks and deficits to strengths and resiliency thereby building the Protective Factors. Social connections and support systems for families are very important in building the Protective Factors. One must first understand ways to help families establish social connections and access concrete support in times of need. Building awareness on how social connections and concrete support promotes optimal child development and build family strengths.

The Importance of Parenting and Child Development in Strengthening Families

This course will provide an introduction to the Strengthening Families approach which centers on shifting the focus from risks and deficits to strengths and resiliency. The Strengthening Families approach involves understanding child development. In order to promote optimal child development it is important to assist parents in building their parenting strengths. To help parents build on their strengths they must be viewed as an asset in promoting their child's development.

Listening and Responding to Families Needs

One of the most respectful and affirming acts of a child care provider is that of listening to the concerns of the child's family members and accepting the validity of their point of view. Listening and acceptance are among the caregiver's most valuable skills. This class will focus on becoming more responsive to the needs of how our past experiences affect our present interactions with infants/toddlers and their families.

Class Descriptions

Building Positive Relationships

Participants will learn how to build relationships using the curriculum from the Center on the Social and Emotional Foundations for Early Learning (CSEFEL) for Infant/Toddler/Preschool.

The Creative Curriculum for Infants, Toddlers, and Twos: Tasting & Preparing Food

Teachers plan meaningful experiences by selecting materials that match children's growing abilities and interests, by observing what children do, and by reflecting on those observations. Knowing how to engage children in a variety of experiences enables teachers to provide them with a rich array of potential learning opportunities. It is important to remember that teachers are only planning for possibilities because they must respond to momentary changes in children's strengths, needs, and interests as well as to their general abilities.

This workshop explores the tasting and preparing food experience that is discussed in The Creative Curriculum. Participants learn strategies to support children's development and learning by caring and teaching during play experiences. Participants consider ways to create an environment for this type of experience and explore ideas for sharing their knowledge about the experience with families.

Social-Emotional Development of Infants, Toddlers and Their Parents

Social-emotional development begins at birth and continues throughout life. The foundation for healthy social-emotional development laid in the first three years helps a child establish meaningful relationships with parents, caregivers, and peers and supports his or her learning, both in and outside of school. When children experience difficulty in acquiring social-emotional skills, they are at increased risk emotionally, developmentally, and academically.

CSEFEL: Building Social Emotional Foundations

Rock Solid Foundations is a blended curriculum of the Infant/Toddler/Preschool modules from the Center on the Social and Emotional Foundations for Early Learning (CSEFEL) curriculum; based upon the Pyramid Project model; and using the foundational framework and strategies from CSEFEL.

Parent Engagement in Strengthening Families

This course will provide an introduction to the Strengthening Families approach which centers on shifting the focus from risks and deficits to strengths and resiliency. The course will also look at the importance family involvement plays in strengthening families by exploring strategies to help child care programs increase family and male involvement. Technology-based methods for communicating with families will be identified.

Social and Emotional Needs of Children in Strengthening Families

Just like adults, children have emotional and social needs. Join us to learn how to help children develop healthy social skills and help their emotional needs.

Cradling Literacy: The role of Meaningful Experiences in Supporting Early Language and Literacy

Participants will discuss how meaningful experiences play a central role in children's early language and literacy. They will explore ways that they can create meaningful early language and literacy experiences.

Greetings and Departures

This session will stress the role of arrival and departure times in building relationships between the caregiver and parent; and between the caregiver and child.

Acknowledge, Ask, Adapt

Resolution of conflicts with parents about care giving practices is essential to establishing a nurturing, positive environment for children. The culturally responsive process of acknowledge, ask, and adapt allows caregivers to support children's and adults' identity and way of being in the world. This class will focus on this three-step process for resolving cultural issues with parents.

A Child's Brain: Some Assembly Required

An investment in a child's brain development is so important in building the foundational skills for the rest of their lives. We will discuss how developing a nurturing environment supports physical, emotional, and cognitive development as well as the importance of meaningful interactions. We will also investigate some strategies to try with children who's brains still aren't quite properly assembled... yet!

The Creative Curriculum® for Infants, Toddlers and Twos: Exploring Sand and Water

Teachers plan meaningful experiences by selecting materials that match children's growing abilities and interests, by observing what children do, and by reflecting on those observations. Knowing how to engage children in a variety of experiences enables teachers to provide them with a rich array of potential learning opportunities. It is important to remember that teachers are only planning for possibilities because they must respond to momentary changes in children's strengths, needs, and interest as well as to their general abilities. Participants learn strategies to support children's development and learning by caring and teaching during play experiences. Participants consider ways to create an environment for each type of experience and explore ideas for sharing their knowledge about the experiences with families.

Safe Slumber: Creating a Safe Sleep Environment

The Safe Slumber presentation defines Sudden Infant Death Syndrome (SIDS) and Sudden Unexpected Infant Death (SUID), identifies how to create a safe sleep environment, become familiar with SIDS/SUID and what steps educators, parents and child care providers can take to reduce SIDS and SUID. Participants will discuss definitions and statistics of SIDS/SUID and address bereavement issues related to infant mortality

Class Registration Form

To register for Child Care Aware® Region One trainings, mail this completed form and payment to:
Child Care Aware® Region One, 1508 E. Iron Avenue, Salina, KS 67401

Name: _____ Center/Business: _____
 Address: _____ Phone: _____
 Cell Phone: _____ Email: _____

| Course Title | Date | Location | Cost |
|--------------|------|----------|------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

- Quality Steps Participant Early Childhood Wellness Participant
 Strengthening Families Participant Live in County with Waived Cost

Registration and payment must be received 5 business days prior to the event.

Peer Learning Community

- | | | | |
|--|-----------------------|-----------------------|---|
| March 10, 2015 | 6:30 – 8:30 PM | Sherron French | McPherson Fire Dept. Conference Room |
| <i>Bring your lesson plans for the spring and summer! Die Cuts will be available (paper is limited so bring your own construction paper). Lesson Planning Resources and Lending Library Story Totes will be available for check out.</i> | | | |
| March 3, 2015 | 6:30 – 8:00 PM | Brett Schmidt | Hays Office |
| <i>The Lending Library and Resource Room will be open at 5:30 for anyone wishing to check out books, materials or use the laminator or die cut machine.</i> | | | |
| April 6, 2015 | 6:30 – 8:00 PM | Brett Schmidt | Hays Office |
| <i>The Lending Library and Resource Room will be open at 5:30 for anyone wishing to check out books, materials or use the laminator or die cut machine.</i> | | | |
| March 17, 2015 | 7:00 – 8:30 PM | Rachel Jury | Salina Office |
| <i>The Lending Library and Resource Room will be open at 5:00 for anyone wishing to check out books, materials or use the laminator or die cut machine.</i> | | | |
| April 21, 2015 | 7:00 – 8:30 PM | Rachel Jury | Salina Office |
| <i>The Lending Library and Resource Room will be open at 5:00 for anyone wishing to check out books, materials or use the laminator or die cut machine.</i> | | | |

Child Care Providers – Please copy this page and share with your families!

FAMILY FOCUS

Introducing New Foods!

Children aren't known for their eagerness to try new foods. Oftentimes, you will have to get creative to encourage them to try something new.

- Make a fun shopping trip out of it. Bring your children to the store with you to shop for new foods.
- Let your children help you cook. Children love to be in the kitchen and including them may encourage them to try other new foods.
- Offer new foods at the beginning of a meal, when your child is the hungriest.
- Think small portions at first. Large amounts of a new food might overwhelm them.

- Combine new foods with familiar foods and consider limiting to one new item at a time.
- Be patient, remember trying new foods takes time. Children may have to try the new food up to a dozen times before they decide if they like it or not.
- Strive to be a good role model. Try the new food yourself and describe the taste and texture - is it sweet, salty, crunchy, etc.
- Set the tone. Mealtime should be a pleasant and positive experience!

Make dinner time family time; turn off the television and visit about everyone's day!

Source: Child Care Aware® of Kansas



**Do you know somebody interested in becoming a child care provider?
Have them call their local Child Care Resource & Referral Agency at 1-855-750-3343 for more information!**



IDEA SPOT

Is your child care provider profile out of date? Call us today! **Update your profile and/or your vacancies and your name will be entered to win a Wal-Mart Gift Card!** We will draw names every quarter. It's easy to win!

In order for your name to keep going out to parents looking for child care, **your profile needs to be updated by March 31, 2015.** When profiles are not updated every year, Child Care Aware of Kansas cannot refer parents to your child care.

Call Megan at 1-855-750-3343, email megan@ks.childcareaware.org, or print off a blank profile on our website and mail it in. <http://www.ks.childcareaware.org/one.html>

LENDING LIBRARY HOURS

All libraries are open Monday - Friday from 8am - 5pm and by appointment.

ADDITIONAL HOURS:

COLBY - 1255 S. Range
Colby Community College Library
 By appointment
 One hour prior to trainings

HAYS - 1010 Downing, Ste. 60
 1st Saturday: 9am - 12pm
 3rd Tuesday: 5pm - 7pm
 One hour prior to trainings

GARDEN CITY - 502 N. 7th, Ste. B2
 By appointment
 One hour prior to trainings

SALINA - 1508 E. Iron
 1st Saturday: 9am - 12pm
 3rd Tuesday: 5pm - 7pm
 One hour prior to trainings

Call 1-855-750-3343 for more information or to make an appointment

Kansas Association of
Child Care Resource and
Referral Agencies d/b/a



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DO YOU HAVE CHILD CARE OPENINGS?

Update your information to get accurate referrals!

Name: _____
 Address: _____
 City: _____ Zip: _____ County: _____
 License #: _____ Phone: _____
 Email: _____

Type of Care:

Licensed FCC Group FCC Child Care Center Preschool

Do You Accept DCF?

Yes No

Receive This Newsletter by Email?

Yes No

DAYS OPEN: Mon Tue Wed Thu Fri Sat Sun

Time (Open): _____
 Time (Close): _____

| Age | Capacity | Vacancies | Enrolled |
|---------------------------|----------|-----------|----------|
| Under Age 1 (Infant) | _____ | _____ | _____ |
| 12 - 17 Months (Infant) | _____ | _____ | _____ |
| 18 - 23 Months (Toddler) | _____ | _____ | _____ |
| Age 2 (Toddler) | _____ | _____ | _____ |
| Age 3 (Preschool) | _____ | _____ | _____ |
| Age 4 (Preschool) | _____ | _____ | _____ |
| Age 5 (School Age) | _____ | _____ | _____ |
| Age 6 & Over (School Age) | _____ | _____ | _____ |

Please complete and return this form to:

Child Care Aware® of Kansas, 1508 E. Iron Avenue, Salina, KS 67401

