

## **Protecting Children from Poisons**

Children are curious. As they grow, they often learn by touching, grabbing and tasting things. While it's important to encourage kids to explore and discover new things, when it comes to potential poisons, we want to keep them

safe. Here are a few tips to show you how:

- Read medicine and product labels before each use and follow directions exactly.
- Never call medicine "candy" or make a game out of taking medicine.
- Teach children to ask an adult before tasting anything.

Save the Poison Help number, 1-800-222-1222, in your phone as a contact and post it in clear view for others to see. Poison Centers offer free, confidential medical advice available 24/7. If you think someone has been poisoned, call right away. Do not wait for symptoms to appear.

For more information, check out: Protecting Children from Poisons.

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