

PARTICIPANT SATISFACTION SURVEY SUMMARY

54 Participants completed an end-of-year Summary Evaluation Survey which was used to measure the extent to which the Early Childhood Wellness Project enhanced each participant's ability to develop and offer high-quality, healthy, safe, and nurturing child care for children and their families.

87%

Agreed or Strongly Agreed program needs identified during the completion of the pre-Environment Rating Scale and/or the pre-NAP SACC (Nutrition and Physical Activity Self Assessment for Child Care) survey were helpful in developing their Quality Improvement Plan.

98%

Agreed or Strongly Agreed support received from the Early Childhood Wellness Specialist in developing and implementing their Quality Improvement Plan goals enhanced their knowledge, skills, attitudes, behaviors, and/or practices.

99%

Agreed or Strongly Agreed their attendance at professional development events enhanced their knowledge, skills, attitudes, behaviors, and/or practices related to providing a healthy, safe, quality child care program for children and/or parents.

91%

Agreed or Strongly Agreed the information and training provided by the Early Childhood Wellness Specialists for planning and conducting a Parent Café enhanced their knowledge, opinions, skills, motivation, attitudes, aspirations and/or practices.

100%

Successfully completed a minimum of two quality improvement goals.

QUALITY IMPROVEMENTS

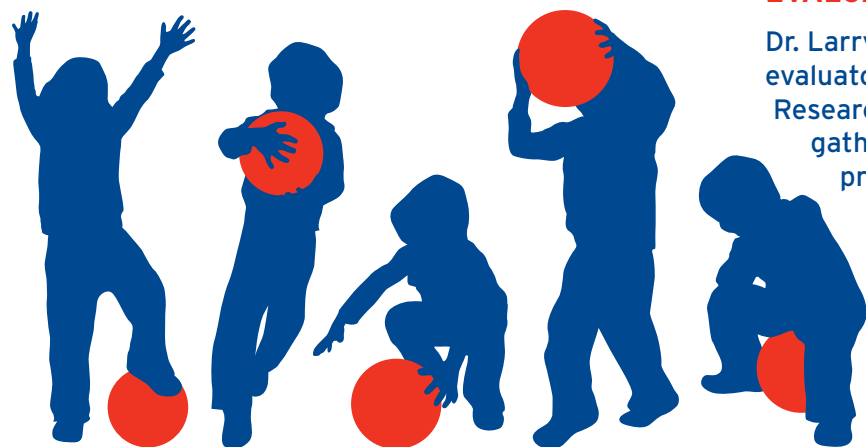
Both the Environmental Rating Scales (ERS) and the Nutrition and Physical Activity Self Assessment for Child Care (NAP SACC) questionnaires were used to assess changes in child care practices in participating programs.

Results related to the ERS and NAP SACC:

- 94% of participants either maintained a high rating or improved from the pre-rating at the beginning of the project year (ERS).
- 87% of participants improved or maintained a rating of 3 or above on the post-NAP SACC in the area of Nutrition Education for Staff, Children, and Parents.
- 69% of participants improved or maintained a rating of 3 or above on the post-NAP SACC in the area of Supporting Physical Activity.
- 76% of participants improved or maintained a rating of 3 or above on the post-NAP SACC area of Physical Activity Education for Staff, Children, and Parents.
- 63% of participants improved or maintained a rating of 3 or above on the post-NAP SACC area of Physical Activity Policy.

EVALUATORS

Dr. Larry Gwaltney and Dr. Joyce Reger, independent evaluators and Research Associates with Allied Educational Research and Developmental Services, Wichita, KS. They gathered, analyzed and reported results related to eight project outputs and fifteen project outcome indicators.



93% of Participants either agreed or strongly agreed that participating in the Early Childhood Wellness Project made an overall positive impact on their ability to develop and implement a healthy, safe program that benefits children and parents.



Early Childhood Wellness Project
2013-2014 EXECUTIVE SUMMARY



PROFESSIONAL DEVELOPMENT

241

Participants Attended

32

Professional Development Events Offered

152

Professional Development Hours Delivered

TECHNICAL ASSISTANCE

1,491

Visits Completed

FAMILY ENGAGEMENT

51

Parent Café Events Offered

COMMUNITY ENGAGEMENT

16

Health and Safety Public Awareness Events Held for Parents, Child Care Providers, and Community Agencies

218

New Community Partnerships Established

OUR HISTORY

Since 2006, Child Care Aware® of Kansas and its network of Child Care Resource and Referral Agencies (CCR&Rs), have supported healthy child care environments across Kansas through the Healthy Kansas Kids project.

In 2012, Child Care Aware® of Kansas secured funding from the Kansas Health Foundation, United Methodist Health Ministry Fund and Department for Children and Families, in addition to receiving some supplementary funding from various other sources to expand the Healthy Kansas Kids Project into a multi-year Early Childhood Wellness Project (ECWP).

PROJECT OVERVIEW

Early Childhood Wellness Specialists employed by the CCR&Rs assist licensed child care programs in improving their practices in four target areas: health, safety, physical activity, and nutrition.

The ECWP is designed to engage 60 child care providers across the state in year-long, targeted activities. Monthly technical assistance consultations from Specialists help providers evaluate and improve the quality of health, safety, physical activity, and nutrition in their child care setting. Information and results included in this report cover the period from July 1, 2013 through June 30, 2014.

RECOMMENDATIONS

Evaluators indicated the following recommendations for the upcoming project year:

1. Provide Environmental Rating Scales (ERS) training for new staff to verify their knowledge and support their learning.
2. Explore ways to encourage participants to return the follow-up NAP SACC survey, after completion of the project.

LAST YEAR'S REPORT (2012-2013)

Two areas of opportunity were identified in the 2012-2013 ECWP Evaluation Report:

1. Identify ways to increase participants' response rates on the Satisfaction Survey.
2. Seek opportunities to continue Environmental Rating Scales (ERS) trainings.

Satisfaction Surveys responses have increased by 29% this year. We provided a variety of ways for the participants to complete the survey (online, paper and phone call). Additional training support and guidance for the Specialists were provided.

100% of participants completed 2 health and wellness goals!



PROGRAM IMPACT

56

Participants Completed the Project

46

Family/Group Child Care Homes (82%)

10

Child Care Centers (18%)

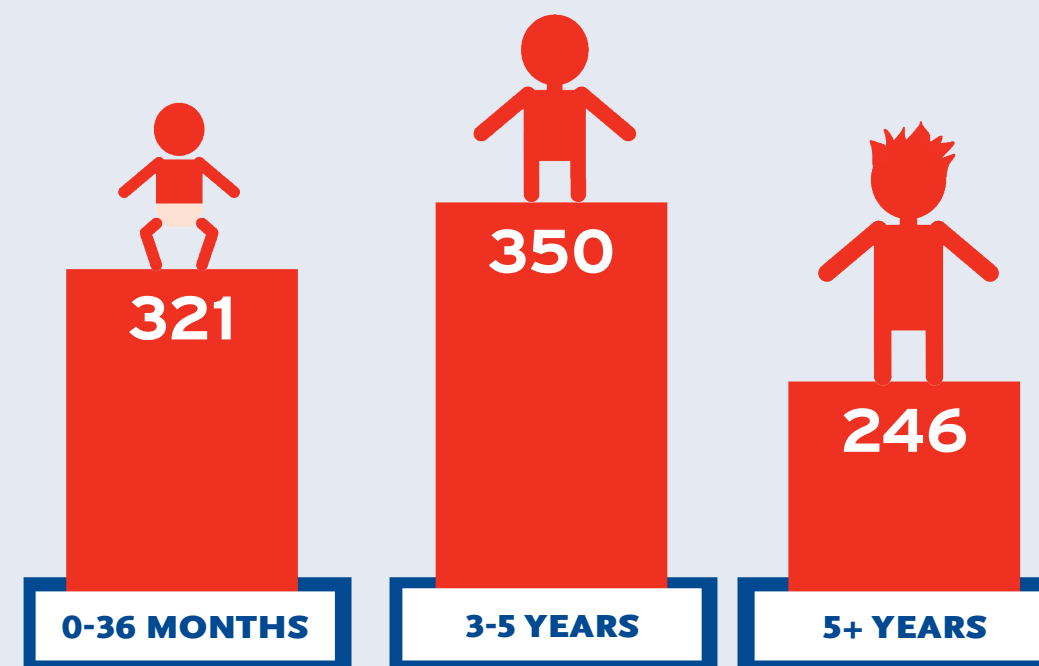
PARTICIPANT COMMENTS:

"I have learned a lot of activities in all learning areas to help my kids learn, stay active and develop all the skills needed at their age."

"We have increased our physical activity dramatically. We are moving more inside and taking our classroom activities outside when possible."

917 TOTAL CHILDREN IMPACTED

*Number of children represents enrollment for family/group child care programs and center classrooms.



61% OF CHILDREN WERE ENROLLED IN A CHILD CARE CENTER

39% OF CHILDREN WERE ENROLLED IN A FAMILY OR GROUP CHILD CARE HOME

