

FAMILY FOCUS

Kid Approved Snowy Day Activities:

Here are a few snowy day activities to keep the children entertained use their imaginations, and as well as to work on their large motor skills.

- Get out the cardboard boxes and create! Let the imaginations flow. A box can be anything: a train, ramps for cars, an airplane, a house.
- Tape up the doorway and throw some wadded up newspapers (or cotton balls) at it to see if you can make them stick. A great indoor activity for large motor practice!
- Shaving cream is a wonderful indoor sensory activity that toddlers love. Squirt some on a pan and just let them have fun. You might want to put them in an old shirt and maybe a towel down too. It does get messy!
- Bowl indoors! Grab a soft kids ball. Set up a few items for pins. Lots of things will work for these, pop bottles or paper towel tubes!
- Dig a newspaper out of the recycling bin and have a ball throwing them! Add a target to the mix and practice counting too. All great large motor practice.
- Here's a sensory activity that's easy and clean! Squirt some hair gel (lotion would work too) into a baggy and zip it up! Add some odds and end craft items to the mix for added fun.
- Tape a line on the floor in different ways (zig zag, curvy or straight) and have a toddler walk along it, trying to balance his best. Can he do it forward, how about walking backwards? Another fantastic large motor activity that can be done indoors.
- Have your toddler poke pom poms through an opening in a small bottle, or cut a small hole in a container. Pom poms and other small items can be used for fine motor practice, but always be careful with small kids and watch them closely.



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