|  |  |  |  |
| --- | --- | --- | --- |
| 112.00 | 160.00 |  |  |
| 112.00 | 148.00 |  |  |
| 107.00 | 139.00 |  |  |
| 107.00 | 136.00 |  |  |
| 105.00 | 125.00 |  |  |
| 104.00 | 123.00 |  |  |
| 101.00 | 120.00 |  |  |
| 96.00 | 105.00 |  |  |

**Nemaha County**

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| Parents as Teachers (PAT) | Not Available | Not Available |
| Infant-Toddler Services  (Tiny-k) | Northeast Kansas Infant-Toddler Services | (785)876-2214  Keystonelearning.org |
| Head Start | NEK-CAP, Inc. Northeast Kansas Community Action Program | (785)742-2222  Nekcap.org |
| Parenting Education | Parenting Calendar:  East.ks.childcareaware.org | (877)678-2548 |
| Mental Health Services | Kanza Mental Health and Guidance Center | (785)742-7113  Kanzamhgc.org |
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**Nemaha County**

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| KanCare | (866) 305-5147  www.kancare.ks.gov | Low cost or no cost health insurance for families and children |
| United Way 2-1-1 of Kansas | Call 2-1-1  www.211kansas.org | Food pantries, counseling, mentoring, after-school programs, disability services and much more |
| Parent Help Line (Kansas Children’s Service League – Healthy Families) | (800) 244-5373 | A 24-hour help line for parents in stress or in need of other services |
| Child Abuse & Neglect Hotline | (800) 922-5330 | If you suspect a child is being abused or neglected, please call |
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| Department for Children and Families Services | www.dcf.ks.gov | Child care assistance, child support enforcement, food assistance, Successful Families Program, health services, and more. |
| Nemaha County Health Department | (785)284-2152  1004 Main Street  Sabetha, KS 66534  Ks-nemaha.manatron.com | Health assessments, home health, child care licensing, clinical services, immunizations, Kan-Be-Healthy (Medicaid program for children, teenagers, and young adults), Women, Infants & Children (W.I.C.) supplemental food program, and more. |
| K-State Research & Extension Office (Local Agent) | Meadowlark District 7  (785)336-2184  www.ksre.ksu.edu | Nutrition education, youth development, family financial planning, family life, healthy living, and more. *Services vary by county, please call your county agent for details.* |
| American Red Cross of Capital Area (Local Chapter) | (785)234-0568  www.redcross.org | Community services that help the needy, support for military members and families, educational programs that promote health and safety, blood collection, and more. |
| Mary Cotton Public Library  Seneca Free Library  Corning City Library | (785)284-3160, sabethalibrary.org  (785)336-2377, senecafreelibrary.org  (785)868-2755, corning.mykansaslibrary.org | Books, Classes, community information, internet access, children’s programs, adult programs, and more. *Services vary by location; please contact your local library for details.* |
| Nemaha County Emergency Management | (785)336-2429  Ks-nemaha.manatron.com | Provides information to plan for and respond to a disaster or an emergency. |
| Sabetha Chamber of Commerce | (785)285-2139  Cityofsabetha.com | Community contacts promote and improve the business climate in the county of Nemaha. |
| Nemaha Valley Community Hospital and Seneca Family Practice | (785)336-6181  Nemvch.com | Resource for health care needs, emergency services, surgery, laboratory, rehabilitation, cardiac rehab, respiratory therapy, imaging, and radiology. |