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**Russell County**

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| Parents as Teachers (PAT) | Early Childhood Connections | (785)623-2430  Usd489.com |
| Infant-Toddler Services  (Tiny-k) | Kid Link/DSNWK | (785)425-6766  Dsnwk.org |
| Head Start | Early Childhood Connections | (785)623-2430  Usd489.com |
| Screening Services | Kid Link/DSNWK | (785)425-6766  Dsnwk.org |
| Mental Health Services | High Plains Mental Health Center | (785)628-2871  Highplainsmentalheatlh.com |
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**Russell County**

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| KanCare | (866) 305-5147  www.kancare.ks.gov | Low cost or no cost health insurance for families and children |
| United Way 2-1-1 of Kansas | Call 2-1-1  www.211kansas.org | Food pantries, counseling, mentoring, after-school programs, disability services and much more |
| Parent Help Line (Kansas Children’s Service League – Healthy Families) | (800) 244-5373 | A 24-hour help line for parents in stress or in need of other services |
| Child Abuse & Neglect Hotline | (800) 922-5330 | If you suspect a child is being abused or neglected, please call |
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| Department for Children and Families Services | www.dcf.ks.gov | Child care assistance, child support enforcement, food assistance, Successful Families Program, health services, and more. |
| Russell County Health Department | (785)483-6433  189 W. Luray Street  Russell, KS 67665  Russellcountyhealthdept.com | Health assessments, home health, child care licensing, clinical services, immunizations, Kan-Be-Healthy (Medicaid program for children, teenagers, and young adults), Women, Infants & Children (W.I.C.) supplemental food program, and more. |
| K-State Research & Extension Office (Local Agent) | Midway District 15  (785)472-4442  www.ksre.ksu.edu | Nutrition education, youth development, family financial planning, family life, healthy living, and more. *Services vary by county, please call your county agent for details.* |
| American Red Cross of Central and Western Kansas (Local Chapter) | (785)827-3644  www.redcross.org | Community services that help the needy, support for military members and families, educational programs that promote health and safety, blood collection, and more. |
| Russell Public Library | (785)483-2742  Russellpubliclibrary.com | Books, Classes, community information, internet access, children’s programs, adult programs, and more. *Services vary by location; please contact your local library for details.* |
| Russell County Emergency Management | (785)483-5100  Ks-russellco.manatron.com | Provides information to plan for and respond to a disaster or an emergency. |
| Russell Area Chamber of Commerce | (785)483-6960  Russellchamber.com | Community contacts promote and improve the business climate in the county of Russell. |
| Russell Regional Hospital | (785)483-4859  Russellhospital.org | Resource for health care needs, ER, inpatient services, laboratory, outpatient services, radiology, rehabilitation, respiratory therapy, physicians clinic, and specialty clinic. |