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**Sherman County**

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| Parents as Teachers (PAT) | Northwest Kansas Educational Service Center | (785)672-3125  Nkesc.org |
| Infant-Toddler Services  (Tiny-k) | Northwest Kansas Educational Service Center | (785)672-3125 x111  Nkesc.org |
| Head Start | Northwest Kansas Educational Service Center | (785)672-3125  Nkesc.org |
| Screening Services | Northwest Kansas Educational Service Center | (785)672-3125  Nkesc.org |
| Mental Health Services | High Plains Mental Health Center | (785)628-2871  Highplainsmentalhealth.com |
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**Sherman County**

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| KanCare | (866) 305-5147  www.kancare.ks.gov | Low cost or no cost health insurance for families and children |
| United Way 2-1-1 of Kansas | Call 2-1-1  www.211kansas.org | Food pantries, counseling, mentoring, after-school programs, disability services and much more |
| Parent Help Line (Kansas Children’s Service League – Healthy Families) | (800) 244-5373 | A 24-hour help line for parents in stress or in need of other services |
| Child Abuse & Neglect Hotline | (800) 922-5330 | If you suspect a child is being abused or neglected, please call |
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| Department for Children and Families Services | www.dcf.ks.gov | Child care assistance, child support enforcement, food assistance, Successful Families Program, health services, and more. |
| Sherman County Health Department | (785)890-4888  1622 Broadway Street  Goodland, KS 67735  Shermancountyhealthdepartment.org | Health assessments, home health, child care licensing, clinical services, immunizations, Kan-Be-Healthy (Medicaid program for children, teenagers, and young adults), Women, Infants & Children (W.I.C.) supplemental food program, and more. |
| K-State Research & Extension Office (Local Agent) | Sunflower District 6  (785)890-4880  www.ksre.ksu.edu | Nutrition education, youth development, family financial planning, family life, healthy living, and more. *Services vary by county, please call your county agent for details.* |
| American Red Cross of Central and Western Kansas (Local Chapter) | (785)827-3644  www.redcross.org | Community services that help the needy, support for military members and families, educational programs that promote health and safety, blood collection, and more. |
| Goodland Public Library | (785)899-5461  Goodlandlibrary.org | Books, Classes, community information, internet access, children’s programs, adult programs, and more. *Services vary by location; please contact your local library for details.* |
| Sherman County Emergency Management | (785)890-4575 | Provides information to plan for and respond to a disaster or an emergency. |
| Sherman County Economic Development | (785)890-3743  Shermancountyed.org | Community contacts promote and improve the business climate it the county of Sherman. |
| Goodland Regional Medical Center | (785)890-3625  Goodlandregional.com | Resource for health care needs, birthing center, counseling services, imaging, family health center, laboratory, physical therapy, surgical services, and telemedicine. |