



Cheyenne County

Parent Resource Sheet

Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Monthly, Part-Time Rates Average Cost (\$)
Under 1 year	115			
12-17 months	115			
18-23 months	108			
2 years	108			
3 years	108			
4 years	108			
5 years	108			
6 years and older	108			

Parenting Information

Resource	Contact	Contact Information
Parents as Teachers (PAT)	Not Available	Not Available
Infant-Toddler Services (Tiny-k)	Northwest KS Educational Service Center	(785)672-3125 x111 nkesc.org
Head Start	Northwest KS Educational Service Center	(785)672-3125 nkesc.org
Screening Services	Northwest KS Educational Service Center	(785)672-3125 x111 nkesc.org
Mental Health Services	High Plains Mental Health Center	(785)628-0330 Highplainsmentalhealth.com



Toll Free: 855-750-3343 • Toll Free Referral Center: 877-678-2548
For additional resources visit www.ks.childcareaware.org





Cheyenne County

Community Resource Sheet

Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, Successful Families Program, health services, and more.
Cheyenne County Health Department	(785)332-2381 221 W. First Street Saint Francis, KS 67756 www.cheyennecountyhospital.com	Health assessments, home health, child care licensing, clinical services, immunizations, Kan-Be-Healthy (Medicaid program for children, teenagers, and young adults), Women, Infants & Children (W.I.C.) supplemental food program, and more.
K-State Research & Extension Office (Local Agent)	(785)332-3171 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life, healthy living, and more. <i>Services vary by county, please call your county agent for details.</i>
American Red Cross of Central and Western Kansas (Local Chapter)	(785)827-3644 www.redcross.org/ks/	Community services that help the needy, support for military members and families, educational programs that promote health and safety, blood collection, and more.
St. Francis Public Library, Bird City Public Library, Mary L. Gritten Library,	stfrancis.mykansaslibrary.org/ bird.mykansaslibrary.org/	Books, Classes, community information, internet access, children's programs, adult programs, and more. <i>Services vary by location; please contact your local library for details.</i>
Cherokee County Emergency Management	(620)429-1857	Provides information to plan for and respond to a disaster or an emergency.
Cheyenne County 4-H, Sunflower District	(785)332-3171 Sunflower.k-state.edu/4-H/Cheyenne.html	To develop citizenship, leadership, responsibility and life skills of youth through experiential learning programs and a positive youth development approach.
Cheyenne County Hospital	(785)332-2104 Cheyennecountyhospital.com	Resource for health care needs, family practice, specialty physicians.

State/National Services

Resource	Contact Information	Services
KanCare	(866) 305-5147 www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line (Kansas Children's Service League – Healthy Families)	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected, please call
Kansas Resource Guide	www.ksresourceguide.org/	Collaborative effort to connect consumers and service providers with resources and services for women, infants, children, youth, and people with disabilities in Kansas.



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