



# Thomas County

## Parent Resource Sheet

### Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Monthly, Part-Time Rates Average Cost (\$)
Under 1 year	103.00			
12-17 months	103.00			
18-23 months	102.00			
2 years	102.00			
3 years	102.00			
4 years	100.00			
5 years	97.00			
6 years and older	93.00			

### Parenting Information

Resource	Contact	Contact Information
Parents as Teachers (PAT)	Northwest Kansas Educational Service Center	(785)672-3125 Nkesc.org
Infant-Toddler Services (Tiny-k)	Northwest Kansas Educational Service Center	(785)672-3125 Nkesc.org
Head Start	Northwest Kansas Educational Service Center	(785)672-3125 Nkesc.org
Screening Services	Northwest Kansas Educational Service Center	(785)672-3125 Nkesc.org
Mental Health Services	High Plains Mental Health Center	(785)628-2871 Highplainsmentalhealth.com



Toll Free: 855-750-3343 • Toll Free Referral Center: 877-678-2548  
For additional resources visit [www.ks.childcareaware.org](http://www.ks.childcareaware.org)





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## Community Resource Sheet

### Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	<a href="http://www.dcf.ks.gov">www.dcf.ks.gov</a>	Child care assistance, child support enforcement, food assistance, Successful Families Program, health services, and more.
Thomas County Health Department	(785)460-4596 350 S. Range Avenue, Suite 2 Colby, KS 67701 <a href="http://Thomascountyks.com">Thomascountyks.com</a>	Health assessments, home health, child care licensing, clinical services, immunizations, Kan-Be-Healthy (Medicaid program for children, teenagers, and young adults), Women, Infants & Children (W.I.C.) supplemental food program, and more.
K-State Research & Extension Office (Local Agent)	(785)460-4582 <a href="http://www.ksre.ksu.edu">www.ksre.ksu.edu</a>	Nutrition education, youth development, family financial planning, family life, healthy living, and more. <i>Services vary by county, please call your county agent for details.</i>
American Red Cross of Central and Western Kansas (Local Chapter)	(785)827-3644 <a href="http://www.redcross.org">www.redcross.org</a>	Community services that help the needy, support for military members and families, educational programs that promote health and safety, blood collection, and more.
Pioneer Memorial Library	(785)460-4472 <a href="http://Colbylibrary.com">Colbylibrary.com</a>	Books, Classes, community information, internet access, children's programs, adult programs, and more. <i>Services vary by location; please contact your local library for details.</i>
Thomas County Emergency Management	(785)460-4516 <a href="http://Thomascountyks.com">Thomascountyks.com</a>	Provides information to plan for and respond to a disaster or an emergency.
Colby/Thomas County Chamber of Commerce	(785)460-3401 <a href="http://Oasiontheplains.com">Oasiontheplains.com</a>	Community contacts promote and improve the business climate in the county of Thomas.
Citizens Medical Center, Inc.	(785)462-7511 <a href="http://Nwkshealthcare.com">Nwkshealthcare.com</a>	Resource for health care needs, emergency, anesthesia, cardiopulmonary, laboratory, radiology, rehabilitation, and social services.

### State/National Services

Resource	Contact Information	Services
KanCare	(866) 305-5147 <a href="http://www.kancare.ks.gov">www.kancare.ks.gov</a>	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 <a href="http://www.211kansas.org">www.211kansas.org</a>	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line (Kansas Children's Service League – Healthy Families)	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected, please call
Kansas Resource Guide	<a href="http://www.ksresourceguide.org/">www.ksresourceguide.org/</a>	Collaborative effort to connect consumers and service providers with resources and services for women, infants, children, youth, and people with disabilities in Kansas.



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