



Cheyenne County

Parent Resource Sheet

Average Cost of Child Care

| Age Group | Family Child Care | Child Care Center | School Age Program Day Shift | Preschool |
|-------------------|--|--|--|--|
| | Weekly, Full-Time Rates Average Cost (\$) | Weekly, Full-Time Rates Average Cost (\$) | Weekly, Part-Time Rates Average Cost (\$) | Weekly, Part-Time Rates Average Cost (\$) |
| Under 1 year | 129.00 | | | |
| 12-17 Months | 129.00 | | | |
| 18-23 Months | 109.00 | | | |
| 2 Years | 109.00 | | | |
| 3 Years | 109.00 | | | |
| 4 Years | 109.00 | | | |
| 5 Years | 108.00 | | | |
| 6 Years and Older | 108.00 | | | |

Parenting Information

| Resource | Contact Information | Services |
|----------------------------------|--|--|
| Free Parent Texting Information | Text KSKIDS to 59925 | Information at your fingertips about child development, activities, and more |
| Parents as Teachers | Not Available | Not Available |
| Infant-Toddler Services (Tiny-K) | (785) 672-3125 x111 www.nkesc.org | Services for families who have children with developmental delays |
| Head Start | (785) 672-3125 www.nkesc.org | Early childhood education program serving income eligible families |
| Screening Services | (785) 672-3125 www.nkesc.org | Screenings to identify delays during normal development |
| Mental Health Services | (785) 628-2871 www.highplainsmentalhealth.com | Services from individual therapy to medication management |

Toll Free: 855-750-3343 · Toll Free Referral Center: 877-678-2548

For additional resources visit www.ks.childcareaware.org





Cheyenne County

Community Resource Sheets

Local Community Services

| Resource | Contact Information | Services |
|---|--|---|
| Department for Children and Families Services | (785) 899-5661 www.dcf.ks.gov | Child care assistance, child support enforcement, food assistance, health services |
| Cheyenne County Health Department | (785) 332-2104 www.cheyennecountyhospital.com | Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children |
| K-State Research & Extension Office | (785) 332-3171 www.ksre.ksu.edu | Nutrition education, youth development, family financial planning, family life |
| American Red Cross of Central and Western KS | (785) 827-3644 www.redcross.org | Community services that help the families in need. |
| Bird City Public Library, Mary L. Gritten Library, St. Francis Public Library | www.library.public-libraries.org/county/KS/Cheyennecounty.html | Books, classes, community information, internet access, children's programs, adult programs |
| Cherokee County 4-H, Sunflower District | (785) 332-3171 www.sunflower.k-state.edu | Agricultural club great for involvement |
| Cherokee County Emergency Management | (620) 429-1857 | Provides information to plan for and respond to a disaster or an emergency. |
| Cheyenne County Hospital | (785) 332-2104 Cheyennecountyhospital.com | Services for health care needs |

State/National Services

| Resource | Contact Information | Services |
|--|---|--|
| KanCare | www.kancare.ks.gov | Low cost or no cost health insurance for families and children |
| United Way 2-1-1 of Kansas | Call 2-1-1 www.211kansas.org | Food pantries, counseling, mentoring, after-school programs, disability services and much more |
| Parent Help Line | (800) 244-5373 | A 24-hour help line for parents in stress or in need of other services |
| Child Abuse & Neglect Hotline | (800) 922-5330 | If you suspect a child is being abused or neglected |
| National Center for Homeless Education | http://bit.ly/2spPMQ5 (785) 296-6714 | Guidance is provided to families, and communities who need information regarding students are in homeless situations |



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