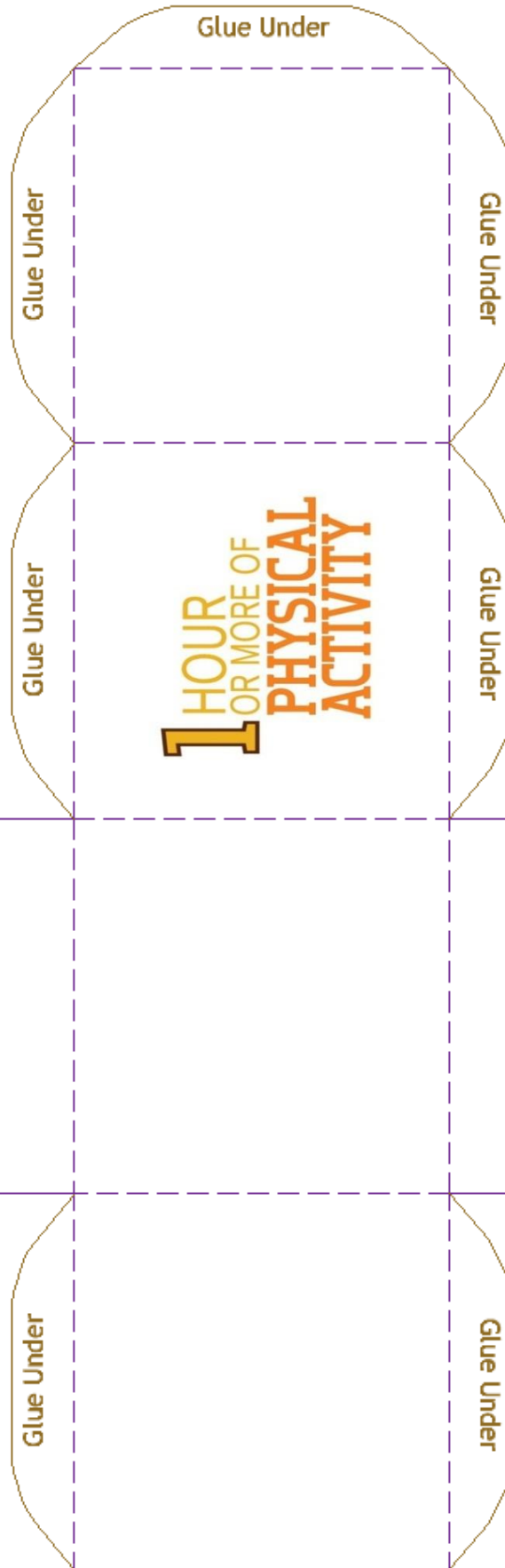


Make your own activity cube!

Instructions:

1. Draw pictures or write words to describe 5 of your favorite physical activities, putting a different one on each blank square.
2. Cut out the cube on the solid, outside lines.
3. Fold the cube on the dashed lines.
4. Glue cube together on assigned "Glue under" places to make your cube 3D.
5. Roll the dice and have a blast with the activity that lands face up on your dice!



Physical Activity ideas:

- Jump rope
- Kick a soccer ball around
- Ride a bike
- Play hopscotch
- Swing on a swing set
- Push-ups/sit ups
- Play hide-n-go-seek
- Leap frog
- Roller blade
- Dance
- Jumping jacks
- Take a walk
- Run around the block
- Play a sport
- Go on a treasure hunt
- Sidewalk chalk an obstacle course or line tag game