

Teachable Moments



Teachable moments are not something that you can plan. They happen with children at all ages, all the time. They can be thought of as a quick moment in time when child's interest in a subject is at its highest, usually because they are curious. What does a teachable moment look like? It's different for each age group and for each child. Below are just a few examples to inspire a teachable moment:

INFANTS:

- Talk to children when changing their diapers - repeat sounds and words.
- Encourage children to explore toys in a variety of ways - ask questions such as: What toys make sounds? Tell me how they feel?

TODDLERS:

- Turn everyday routines into learning moments - use meal times as a good time to talk about hot and cold and where food comes from.
- Talk to children as they are playing with toys - ask about the color and shape of the toys.

PRESCHOOLERS:

- Sit down with children while they are playing - count toys or discuss what letter items start with.
- If your curious preschooler finds a bug on the floor - use this time to explore and learn more about bugs.

To help families in your child care program extend child care experience into their home check out this information, [Bringing it Home](#).

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