



Nemaha County

Parent Resource Sheet

Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Monthly, Part-Time Rates Average Cost (\$)
Under 1 year	125.0	160.00		
12-17 Months	125.00	150.00		
18-23 Months	116.00	150.00		
2 Years	116.00	145.00		
3 Years	116.00	135.00		60.00
4 Years	115.00	135.00		65.00
5 Years	109.00	135.00		70.00
6 Years and Older	106.00	135.00		

Parenting Information

Resource	Contact Information	Services
Free Parent Texting Information	Text KSKIDS to 59925	Information at your fingertips about child development, activities, and more
Parents as Teachers (PAT)	Not Available	Not Available
Infant-Toddler Services (Tiny-k)	(785) 876-2214 www.keystonelearning.org	Services for families who have children with developmental delays
Head Start	(785) 742-2222 www.nekcap.org	Early Childhood education program serving income eligible families
Mental Health Services	(785) 742-7113 www.kanzamhgc.org	Services from individual therapy to medication assessment and management

Toll Free: 855-750-3343 · Toll Free Referral Center: 877-678-2548

For additional resources visit www.ks.childcareaware.org





Nemaha County

Community Resource Sheets

Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	(785) 562-5338 www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, health services
Health Department	(785) 284-2152 http://ks-nemaha.manatron.com	Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 336-2184 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life
American Red Cross	(785) 234-0568 www.redcross.org	Community services that help the families in need
Mary Cotton Public Library	(785) 284-3160, www.sabethalibrary.org	Books, classes, community information, internet access, children's programs, adult programs
Sabetha Chamber of Commerce	(785) 284-2158 www.cityofsabetha.com	Community contacts promote and improve the business climate
Nemaha County Emergency Management	(785) 336-2429 http://ks-nemaha.manatron.com	Provides information to plan for a disaster/emergency
Nemaha Valley Community Hospital and Seneca Family Practice	(785) 336-6181 www.nemvch.com	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical
Kansas Special Health Care Needs	(620) 231-5411	Promotes the functional skills of persons, who have or are at risk for a disability or chronic disease.

State/National Services

Resource	Contact Information	Services
KanCare	www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	http://bit.ly/2spPMQ5 (785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations



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