



Sherman County

Parent Resource Sheet

Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Monthly, Part-Time Rates Average Cost (\$)
Under 1 year	121.00			
12-17 Months	121.00			
18-23 Months	111.00			
2 Years	111.00			
3 Years	111.00			80.00
4 Years	111.00			110.00
5 Years	112.00			110.00
6 Years and Older	112.00			

Parenting Information

Resource	Contact Information	Services
Free Parent Texting Information	Text KSKIDS to 59925	Information at your fingertips about child development, activities, and more
Parents as Teachers (PAT)	(785) 672-3125 www.nkesc.org	Early education program for parents of children prenatal to 3 years old
Infant-Toddler Services	(785) 672-3125 x111 www.nkesc.org	Services for families who have children with developmental delays
Head Start	(785) 672-3125 x111 www.nkesc.org	Early childhood education program serving income eligible families
Screening Services	(785) 672-3125 x111 www.nkesc.org	Screenings to identify delays during normal development
Mental Health Services	(785) 628-2871 www.highplainsmentalhealth.com	Services from individual therapy to medication assessment and management

Toll Free: 855-750-3343 · Toll Free Referral Center: 877-678-2548

For additional resources visit www.ks.childcareaware.org





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Community Resource Sheets

Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	(785) 899-5661 www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, health services
Health Department	(785) 890-4888 www.shermancountyhealthdepartment.org	Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 890-4880 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life
American Red Cross of Central and Western Kansas (Local Chapter)	(785) 827-3644 www.redcross.org	Community services that help the families in need
Goodland Public Library	(785) 899-5461 www.goodlandlibrary.org	Books, classes, community information, internet access, children's programs, adult programs
Sherman County Economic Development	(308) 745-5040 www.shermansountyed.com	Community contacts promote and improve the business climate
Sherman County Emergency Management	(785) 890-4575	Provides information to plan for a disaster/emergency
Goodland Regional Medical Center	(785) 890-3625 www.goodlandregional.com	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical
Kansas Special Health Care Needs	(620) 231-5411	Promotes the functional skills of persons, who have or are at risk for a disability or chronic disease.

State/National Services

Resource	Contact Information	Services
KanCare	(866) 305-5147 www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	(785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations



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