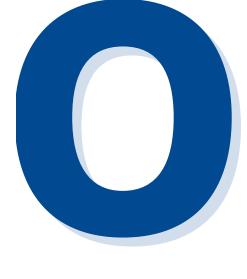


## **Monthly Planner**















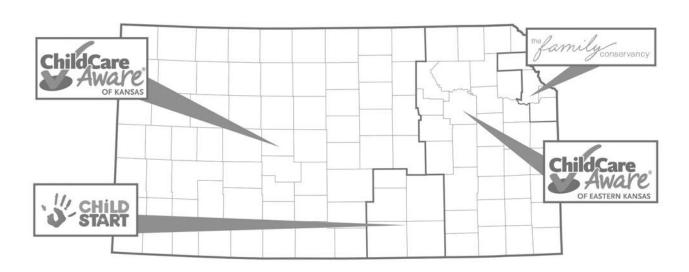








## www.ks.childcareaware.org



**Child Care** 

**Resource Center:** 

877-678-2548

### **Child Care Aware of Kansas**

Offices in:

Salina

Toll free: 855-750-3343

www.ks.childcareaware.org

### **Child Care Aware of Eastern**

### Kansas

Offices in:

Topeka

Lawrence

Toll free: 877-678-2548

http://east.ks.childcareaware.org

#### **Child Start**

Office in:

Wichita

Toll free: 800-684-3962 www.childstart.org/early/childhood/connections

### The Family Conservancy

Office in:

Kansas City

Toll free: 800-755-0838

www.thefamilyconservancy.org

Dear Child Care Professional,

Once again, we have the joy of distributing a free monthly Planner to all child care programs across the state. In this Planner, we share tips that keep you thinking creatively all year long!

Now, more than ever, it is important for Child Care Aware to have accurate information about your

child care program. Please pay special attention to the Child Care Provider Profile Form on pages 29 and 30. The data you share when you complete this form helps us to assist families searching for child care AND helps to demonstrate child care needs around the state. Please take a few minutes, tear it out, complete it, and mail it back to us! When you do that, you will be entered

into a drawing for one of 30 gift cards!

As we end 2020, Child Care Aware would like to extend a gracious THANK YOU to all child care programs. This year has been anything but easy on you. The long hours, the tough decisions, the adversity that you have gone through and what have yet to experience due to the pandemic have not been overlooked. At Child Care Aware, we see you and we are cheering you on. The work that you do

daily has a ripple effect all over Kansas.

You are valued, you are needed, you are essential.

Thank you for being flexible.

Thank you for adjusting your hours.

Thank you for pushing through with a smile and an encouraging attitude.

Thank you for continuing to put the children first.

Thank you for staying positive in a time surrounded by negativity.

Thank you for being a place of familiarity for children in a time of complete uncertainty.

Thank you for keeping the children in your care safe, loved, and healthy.

Thank you for all the work you have done outside of business hours.

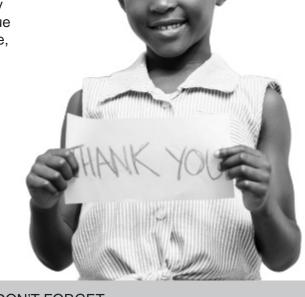
Thank you for being resilient.

Thank you for being patient.

Child Care Aware strives to create a lasting relationship with child care providers all over the state. If you have used our services in the past or are currently connecting with us, we are extremely grateful you have chosen us to support you along your journey. All of us feel privileged and honored to support your work!

Sincerely,

The team at Child Care Aware of Kansas



#### DON'T FORGET...

Check out the Provider Profile Tear Out Form on page 29 and 30. The information you share on this form is important because...

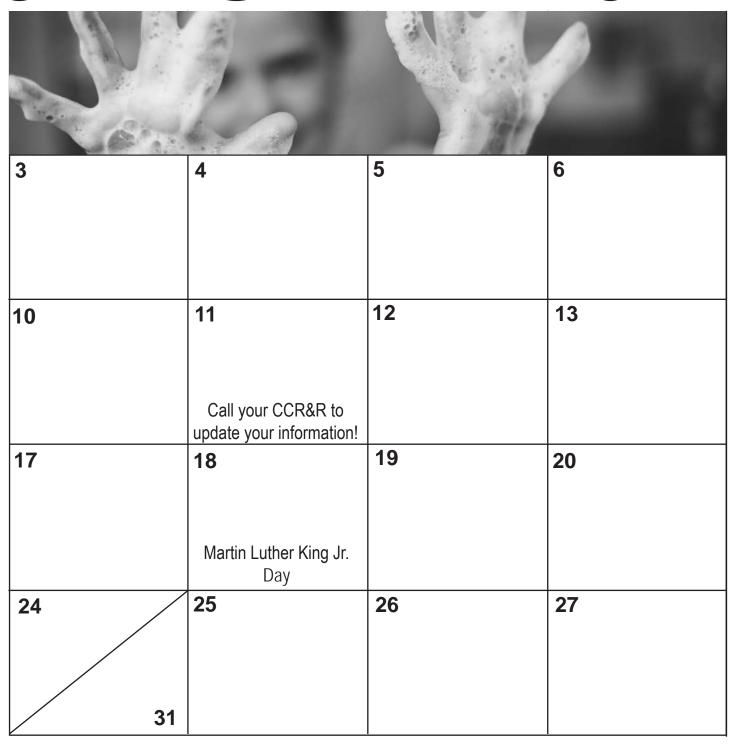
- The information gathered is used to inform parents about child care programs that have openings for their child(ren), based on the parent's needs. This is an efficient and informative way for parents to begin their child care search. In fact, over 13,000 families connect with us each year when they are looking for child care.
- The information collected by Child Care Resource and Referral (CCR&R) Agencies helps to paint a picture for partners on how funding and support can positively impact the future for Kansas children. Comprehensive, informative reports are created to spotlight challenges experienced by hardworking child care professionals.

Please fill it out and mail back to us TODAY!

TUES

**WED** 

# JANUARY 2021



### **THURS**

### **FRI**

### SAT

### **NOTES**

Hand washing is the single best way to prevent the spread of germs and illness. Children learn from the adults around them, so modeling for children the proper way to wash their hands is an important, healthy habit to start early in life.

·	1	1	
	1	2	
	New Year's Day		
7	8	9	
14	15	16	
24	00		
21	22	23	
28	29	30	
20	29	30	
	Kansas Day		

Make handwashing fun! Sing songs or make up a game to encourage children to wash their hands for at least 20 seconds.

SUN

## FEBRUARY 2021

	1	2	3
		Groundhog Day	
7	8	9	10
14  Valentine's Day	15 Presidents' Day	16	17 Ash Wednesday
21	22	23	24
28			

### **THURS**

### **FRI**

### SAT

### **NOTES**

It is important to establish proper dental hygiene with children at an early age, even before their first dentist appointment! A healthy mouth is vital to maintaining your overall health.

4	5	6	
11	12	13	
18	19	20	
25	26	27	
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Start with infants by gently wiping their gums after bottles and move on to modeling proper tooth brushing with older children.

SUN

## MARCH 2021

	1	2	3
		Read Across America	
7	8	9	10
14  Daylight Saving Time begins	15	16	17 St. Patrick's Day
21	22	23	24
28	29	30	31

### **NOTES**

Healthy full-term infants should always be placed on their back to sleep, even at naptime, until they are one year of age. Even if children can roll onto their stomach, place them on their back to sleep and they can roll themselves over if they'd like.

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18	19	20	
		First Day of Spring	
25	26	27	
25	20	21	
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		A STATE OF THE STA	

Always place infants Alone, on their Back in a Clutter-free Crib, with a wearable blanket if needed.

TUES

**WED** 

## APRIL 2021



### **NOTES**

The AAP recommends that children spend no more than two hours on screens a day. With parents working from home and children doing distance learning, it can be easy to overlook the amount of time that children are spending online or allow them to spend extra time.

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	Os ad Eriday		
	Good Friday		
8	9	10	
			_
			-
15	16	17	
Statewide Tornado Drill Day			
	00		
22	23	24	
Earth Day			
	20		
29	30		-
	Arbor Day		
	, , , , , , , , , , , , , , , , , , , ,		

Unplug all electronics at night. Set a time to turn off screens every night and not turn them back on until the next morning.

hild

**TUES** 

WED

## MAY 2021



### **NOTES**

Healthy food is a big part of maintaining your overall health and immune system. When we are stressed, we tend to snack on unhealthy food and sugary snacks. Consider replacing them with healthier snacks like fruit that is naturally sweet or crunchy vegetables.

		1	I
		1	
6	7	8	
	Provider Appreciation		
	Day		
13	14	15	
20	21	22	
20	21		
27	28	29	

Go to a Farmer's Market to look for fresh food. Talk to children about where food comes from & make a meal with what you find.

TUES

WED

# JUNE 2021

JUII	1 <b>_</b> _		
		1	2
6	7	8	9
13	<b>14</b> Flag Day	15	16
First Day of Summer Father's Day	21	22	23
27	28	29	30

**NOTES** 

Naps aren't just for children, taking a nap during the day can be good for adults too. A nap can be a great way for some people to clear their mind, recharge and relax. Naps have even been shown to improve problem solving and productivity.

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24	25	20	
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TIP: If you are needing a little boost of energy, take a 10-20 minute "power nap" to help with alertness. Just don't nap at work!

TUES

WED

## JULY 2021



## **NOTES**

Mindfulness allows us to tune out distractions and focus on how we are feeling. When children are able to identify their feelings and they have the ability to calm themselves down it can help improve their behavior and lead to improved mental health.

1	2	3	
8	9	10	
15	16	17	
22	23	24	
29	30	31	

TIP:

When children are upset, encourage them look around the room and name 5 things they see. Once they're calm, talk to them about their feelings.

TUES

WED

# AUGUST 2021

1	2	3	4
National Kids Day			
8	9	10	11
15	16	17	18
22	23	24	25
29	30	31	

### **NOTES**

It can be easy to hold onto things that we "might need" later on or would be "great for a project", but at a certain point it leads to a clutter problem. Staying on top of things and decluttering once a month can help keep things manageable.

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26	27	28	
20		20	
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	12 7		

TIP: Start small and pull out things that you have multiples of and have the children help you decide what to donate and what to keep.

TUES

WED

## SEPTEMBER 2021

			1
5	Rosh Hashanah begins Labor Day	7	<b>8</b> Rosh Hashanah ends
12 Grandparents Day	13	14	15 Yom Kippur begins
19	20	21	<b>22</b> First Day of Fall
26	27	28	29

### **NOTES**

Regular physical activity has been shown to improve your physical and brain health and can reduce stress levels. According to the World Health Organization, up to 80% of children don't get enough physical activity. It's important to offer children opportunity to move, even if they can't go outside.

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	17	10	
23	24	25	
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30			
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	4172		

If you can't go outside, make an obstacle course in your classroom/room for children. They can help modify the obstacle course as they go.

TUES

WED

## OCTOBER 2021



### **NOTES**

Most people don't get enough water during the day, which can lead to dehydration and a weakened immune system. The amount of water that you should drink can vary from person to person, but you know you're drinking enough if you aren't thirsty and you're going to the bathroom frequently.

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7	8 9	9	
14	15	16	
21	22	00	
<b>Z</b> I	22	23	
28	29	30	
			-

Add some fruit to your water for some natural sweetness. You can also try fruit ice cubes to keep the water cold and fruity.

SUN

## NOVEMBER 2021

	1	2	3
		Election Day	
7	8	9	10
Daylight Saving Time ends			
14	15	16	17
21	22	23	24
28	29	30	
Hanukkah begins			

### **NOTES**

Being grateful and showing gratitude to others can help increase happiness and reduce depression. Some people can show gratitude easily, while others find it difficult to be grateful or show gratitude. With time and practice, everyone can find the ability to be grateful.

		1	
4	5	6	
11	12	13	
Veterans Day			
18	19	20	
25	26	27	
23	20	21	
Thanksgiving			
		No SCHOOL BASE	
		A 15 A	
	1391		
		- Com	

TIP: Write down one good thing that happens to you every day and put it in a jar and take one out when you're feeling down.

MON

SUN

TUES

WED

## DECEMBER 2021

5	6 Hanukkah ends	7	8		
12	13	14	15		
19	20	<b>21</b> First Day of Winter	22		
26	27	28	29		

### **NOTES**

Dance is good for your physical and mental health; it can help lift your mood and decrease anxiety by releasing endorphins. No matter what your skill level or age, everyone can dance. Dancing with children is fun and liberating, they don't care how good you are, only that you're dancing.

2	3	4	
9	10	11	
40	47	40	
16	17	18	
23	24	25	
	Christman Fue	Christmas Day	
	Christmas Eve	Christmas Day	
30	31		
	New Year's Eve		
		1	l

TIP:

Set aside some time every day to dance with the children. Encourage them to set the playlist and dance with them!

### **QUICK REFERENCES**

#### Kansas Department for Children and Families

Office of the Secretary 555 S. Kansas Avenue Topeka, KS 66603 www.dcf.ks.gov

#### **East Regional Service Center**

500 Van Buren Topeka, KS 66603 785-296-2500

#### Kansas City Regional Service Center

8915 Lenexa Drive Overland Park, KS 66214 913-826-7300

#### **West Regional Service Center**

2709 Amherst Avenue Manhattan, KS 66502 785-776-4011

#### **Wichita Regional Service Center**

2601 South Oliver Wichita, KS 67202 316-337-7000

### Kansas Department of Health and Environment www.kdheks.gov

#### **North Central District Office**

2501 Market Place, Suite D Salina, KS 67401 785-827-9639

#### **Northeast District Office**

800 West 24th Street Lawrence, KS 66046 785-842-4600

#### **Northwest District Office**

2301 East 13th Street Hays, KS 67601 785-261-6100

#### **South Central District Office**

300 West Douglas, Suite 700 Wichita, KS 67202 316-337-6020

#### **Southeast District Office**

308 West 14th Street Chanute, KS 66720 620-431-2390

#### **Southwest District Office**

302 West McArtor Road Dodge City, KS 67801 620-682-7940

### 24 HOUR POISON CONTROL HOTLINE 1-800-222-1222

#### **Kansas Action for Children**

709 South Kansas Ave., Suite 201 Topeka, KS 66603 785-232-0550 www.kac.org

### Kansas Association for Infant & Early Childhood Mental Health

P.O. Box 743 Newton, KS 67114 785-218-8236 www.kaimh.org

### Kansas Child Care Training Opportunities, Inc.

2323 Anderson Avenue, Suite 151 Manhattan, KS 66502 800-227-3578 www.kccto.org

#### Kansas Children's Service League

1365 North Custer Wichita, KS 67203 877-530-5275, www.kcsl.org 24-Hour Parent Helpline: 1-800-CHILDREN

#### **Kansas Enrichment Network**

St. Andrews Research Facility 1617 St. Andrews Lawrence, KS 66047 www.kansasenrichment.net

#### **Kansas Head Start Association**

832 Pennsylvania Street, Suite 1007 Lawrence, KS 66044 785-856-3132 www.ksheadstart.org

#### **Kansas Inservice Training System**

2601 Gabriel Parsons, KS 67357 620-421-6550 ext. 1618 www.kskits.org

#### **Kansas Infant Death & SIDS Network**

300 W. Douglas Ave., #145 Wichita, KS 67211 316-682-1301 www.kidsks.org

#### **Kansas Parents as Teachers Association**

22795 W. 255th Street Paola, KS 66071 www.kpata.org

#### **Kansas State Department of Education**

900 Southwest Jackson Street Topeka, KS 66612 785-296-3201 www.ksde.org



1-855-750-3343 • PO Box 2294 • Salina, KS 67402-2294 info@ks.childcareaware.org • www.ks.childcareaware.org

#### CHILD CARE PROVIDER PROFILE FORM

CHILD CARE PROVIDER PROFILE PO			N PROFILE FORIVI		
Contact and Vacancy Information					
Name			Referral Preference	Yes No	
Business Name			Give Referrals		
Street Address			License Number		
City	County	Zip	License Type		
Mailing Address			Phone Number		
City	County	Zip	Secondary Number		
Website			Preferred method of co	ontact by Child Care Aware	
Email			of Kansas: □Phone □	]Email □Text	
			·		
Schedule					

Schedule						
RA	TES			HOURS		SCHEDULE DESCRIPTION Select all that apply
AGE	FULL TIME	PART TIME	DAY	OPEN TIME	CLOSE TIME	□Full Time
Center 0-12 months	\$	\$	Monday			□Part Time
Center 12-17 months	\$	\$	Tuesday			□Day
Family/Group 0-17 months	\$	\$	Wednesday			□Evening
Center 18-23 months	\$	\$	Thursday			□Overnight
Center 2 Years	\$	\$	Friday			□24-Hour
Family/Group 18-35 months	\$	\$	Saturday			☐Before School
3 Years	\$	\$	Sunday			☐After School
4 Years	\$	\$		AGES SERVED		□Weekend
5 Years	\$	\$	Minimum Age	Years	Months	□Full Year
6 Years	\$	\$	Maximum Age	Years	Months	□School Year
		Ye	ears of Experienc	e	☐Summer Only	
Rates are:	y 💷 D	aily		□5 Years or Less		□Offer Preschool
□Week	ly □M	lonthly	□5-10 Years			□Drop-in
	,			☐ 10+ Years		□Emergency Care

	Vacancies					
AGE GROUP	DESIRED	FULL TIME	PART TIME	NUMBER		
AGE GROOT	CAPACITY	VACANCIES	VACANCIES	ENROLLED		
Center Infant (0-12 months)						
Center Infant (12-17 months)						
Family/Group Infant (0-17 months)						
Center Toddler (18 -23 months)						
Center Toddler (2 Years)						
Family/Group Toddler (18-35 months)						
Preschool (3 Years)						
Preschool (4 Years)						
Kindergarten (5 Years)						
School Age (6 Years & Older)						
TOTAL						

Completed by	Date Completed
Check all those apply in each box	

Environments				
☐Smoke Free	☐ Fenced Yard			
☐Outdoor Pets	□ Pool/lake			
□Indoor Pets	□ Non-Carpet			
☐ Air Purifier	☐ ADA Accessible Indoor			
☐ Air Conditioning	☐ ADA Accessible Outdoor			
□Dehumidifier				

Education*			
Early Childhood Degrees	Non-Early Childhood Degrees		
□6+ hours in Early Childhood Ed.	☐ High School Diploma		
☐ Child Development Associate	□Associates		
□Associates	□Bachelor		
□Bachelor	□Masters		
□Masters	□Doctorate		
□Doctorate			

<sup>\*</sup>check highest level completed- for centers fill out for director.

Business Polices/Practices
☐ Written Contract
☐ Maintains a waitlist

Intentionality		
☐ Career or Profession	☐ Personal Calling	
□Job with a paycheck	☐ Stepping Stone	
☐ Work to do while my children are home		
☐ Way of helping a family member or friend		

Financial Options		
□ Local Financial Assistance	□DCF Child Care Assistance	
□KSCL	☐Military Discount	
☐ Multi Child Discount	☐ Foster/Adoptive Care dis.	
☐ Sliding Scale	☐Youthville	
□Scholarships		

Curriculum
☐ Faith-Based
□Academic
□Montessori
☐ High Scope

Transportation
□Near public transportation
□For Field Trips
☐Provide transportation to nearby school
□Walking to nearby school

Meals
☐Supports Breastfeeding
☐ Infant formula/Food Supplied
□CACFP/USDA Food Program

Accreditation		
□NAFCC	□NECPA	
□NAEYC	☐ NACCP	
□NAC		
☐ Breastfeeding Designation	☐ Director Credential	

	Language	
□ English	☐ Arabic	□German
□Spanish	☐ Chinese	□French
☐Sign Language		

		Special Needs		
Behavior:		Medical/Genetic:		General:
□Autism		☐ Cerebral Palsy		☐ Wheelchair Access
□ADHD		□ Down Syndrome		☐ Administer Medication
□Emotional Disorder		☐ Hearing Impaired		☐ On Site Nurse
☐ Challenging Behavior		□Visual Impaired		☐Special Diets
	•	☐ Food Allergies	Check specia	I needs you have experience or knowledge, whic
Developmental Delays:		□Asthma		inclusion practices and should be appropriate to
□Speech Language		□Diabetes	the age of the	e children in care.
☐Gross Motor		☐ Feeding GI Tubes	Child Care re	gulations are intended to protect the health,
☐ Fine Motor		■Monitors	· · · · · ·	ell-being of children when away from their
□Social Emotional		☐ Seizures/Epilepsy		current regulation for child care center facilities 135) and those for day care homes predate ADA
□ Cognitive		☐ Environmental Allergies	by almost 10	years.

Child Care Aware® of Kansas is regulated as a child care resource and referral agency through Kansas Department of Health and Environment (KDHE). We collect a wide range of information about child care programs to help connect families with child care that meets their specific needs and to assist with state and national data collection on early childhood information. We will be updating the information on a quarterly basis to ensure accurate information is provided to families and for state and national reports. If you need additional assistance, please call our office at 1-855-750-3343.

## NOTES

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	2022		
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		March —	
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