

Monthly Planner















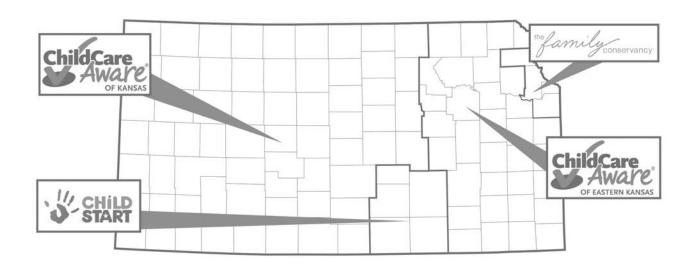








www.ks.childcareaware.org



Child Care

Resource Center:

877-678-2548

Child Care Aware of Kansas

Offices in:

Salina

Toll free: 855-750-3343

www.ks.childcareaware.org

Child Care Aware of Eastern

Kansas

Offices in:

Topeka

Lawrence

Toll free: 877-678-2548

http://east.ks.childcareaware.org

Child Start

Office in:

Wichita

Toll free: 800-684-3962 www.childstart.org/early/childhood/connections

The Family Conservancy

Office in:

Kansas City

Toll free: 800-755-0838

www.thefamilyconservancy.org

Dear Child Care Professional,

Once again, we have the joy of distributing a free monthly Planner to all child care programs across the state. In this Planner, we share tips that keep you thinking creatively all year long!

Now, more than ever, it is important for Child Care Aware to have accurate information about your

child care program. Please pay special attention to the Child Care Provider Profile Form on pages 29 and 30. The data you share when you complete this form helps us to assist families searching for child care AND helps to demonstrate child care needs around the state. Please take a few minutes, tear it out, complete it, and mail it back to us! When you do that, you will be entered into a drawing for one of 30 gift cards!

As we end 2020, Child Care Aware would like to extend a gracious THANK YOU to all child care programs. This year has been anything but easy on you. The long hours, the tough decisions, the adversity that you have gone through and what have yet to experience due to the pandemic have not been overlooked. At Child Care Aware, we see you and we are cheering you on. The work that you do daily has a ripple effect all over Kansas.

You are valued, you are needed, you are essential.

Thank you for being flexible.

Thank you for adjusting your hours.

Thank you for pushing through with a smile and an encouraging attitude.

Thank you for continuing to put the children first.

Thank you for staying positive in a time surrounded by negativity.

Thank you for being a place of familiarity for children in a time of complete uncertainty.

Thank you for keeping the children in your care safe, loved, and healthy.

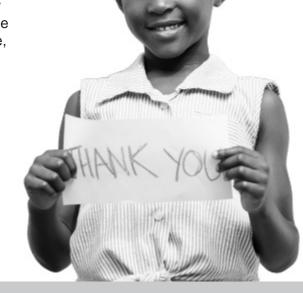
Thank you for all the work you have done outside of business hours.

Thank you for being resilient.

Thank you for being patient.

Child Care Aware strives to create a lasting relationship with child care providers all over the state. If you have used our services in the past or are currently connecting with us, we are extremely grateful you have chosen us to support you along your journey. All of us feel privileged and honored to support your work!

Sincerely, The team at Child Care Aware of Kansas



DON'T FORGET...

Check out the Provider Profile Tear Out Form on page 29 and 30. The information you share on this form is important because...

- The information gathered is used to inform parents about child care programs that have openings for their child(ren), based on the parent's needs. This is an efficient and informative way for parents to begin their child care search. In fact, over 13,000 families connect with us each year when they are looking for child care.
- The information collected by Child Care Resource and Referral (CCR&R) Agencies helps to paint a picture for partners on how funding and support can positively impact the future for Kansas children. Comprehensive, informative reports are created to spotlight challenges experienced by hardworking child care professionals.

Please fill it out and mail back to us TODAY!

JANUARY 2021

3	4	5	6
10	Call your CCR&R to update your information!	12	13
17	18 Martin Luther King Jr. Day	19	20
24 31	25	26	27

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NOTES

Hand washing is the single best way to prevent the spread of germs and illness. Children learn from the adults around them, so modeling for children the proper way to wash their hands is an important, healthy habit to start early in life.

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	28	29	30	
Kansas Day		Kansas Day		

Make handwashing fun! Sing songs or make up a game to encourage children to wash their hands for at least 20 seconds.

FEBRUARY 2021

	1	2	3
		Groundhog Day	
7	8	9	10
14	15	16	17
Valentine's Day	Presidents' Day		Ash Wednesday
21	22	23	24
28			

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NOTES

It is important to establish proper dental hygiene with children at an early age, even before their first dentist appointment! A healthy mouth is vital to maintaining your overall health.

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18	19	20	
25	26	27	

TIP:

Start with infants by gently wiping their gums after bottles and move on to modeling proper tooth brushing with older children.

MARCH 2021

	1	2	3
		Read Across America	
7	8	9	10
14 Daylight Saving Time begins	15	16	17 St. Patrick's Day
21	22	23	24
28	29	30	31

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NOTES

Healthy full-term infants should always be placed on their back to sleep, even at naptime, until they are one year of age. Even if children can roll onto their stomach, place them on their back to sleep and they can roll themselves over if they'd like.

4	5	6	
11	12	13	
18	19	20 First Day of Spring	
25	26	27	

TIP:

Always place infants Alone, on their Back in a Clutter-free Crib, with a wearable blanket if needed.

APRIL 2021

4	5	6	7
Easter Sunday			
11	Call your CCR&R to update your information	13	14
			Week of the Young C
18	19	20	21
25	26	27	28

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NOTES

The AAP recommends that children spend no more than two hours on screens a day. With parents working from home and children doing distance learning, it can be easy to overlook the amount of time that children are spending online or allow them to spend extra time.

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	Oaad Eriday		
	Good Friday		
8	9	10	
15	16	17	
Statewide Tornado Drill Day			
22	23	24	
22	25	27	
Earth Day			
29	30		
	Arbor Day		

TIP:

ild

Unplug all electronics at night. Set a time to turn off screens every night and not turn them back on until the next morning.

MON

SUN

TUES

WED

MAY 2021

2	3	Teacher Appreciation Day	5 Cinco de Mayo
9 Mother's Day	10	11	12
16	17	18	19
30	24 Memorial Day 31	25	26

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Healthy food is a big part of maintaining your overall health and immune system. When we are stressed, we tend to snack on unhealthy food and sugary snacks. Consider replacing them with healthier snacks like fruit that is naturally sweet or crunchy vegetables.

		1	-
			-
6	7	8	
	Provider Appreciation		
	Day		
13	14	15	
20	21	22	
20	21		
27	28	29	
	20		
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Go to a Farmer's Market to look for fresh food. Talk to children about where food comes from & make a meal with what you find.

JUNE 2021

		1	2
6	7	8	9
13	14 Flag Day	15	16
First Day of Summer Father's Day	21	22	23
27	28	29	30

THURS FRI SAT

NOTES

Naps aren't just for children, taking a nap during the day can be good for adults too. A nap can be a great way for some people to clear their mind, recharge and relax. Naps have even been shown to improve problem solving and productivity.

	problem solving an		
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TIP: If you are needing a little boost of energy, take a 10-20 minute "power nap" to help with alertness. Just don't nap at work!

JULY 2021

4 Independence Day	5	6	7
11	Call your CCR&R to update your information!	13	14
18	19	20	21
25	26	27	28
Parent's Day			

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NOTES

Mindfulness allows us to tune out distractions and focus on how we are feeling. When children are able to identify their feelings and they have the ability to calm themselves down it can help improve their behavior and lead to improved mental health.

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22	23	24	
	25	24	
29	30	31	

TIP:

When children are upset, encourage them look around the room and name 5 things they see. Once they're calm, talk to them about their feelings.

AUGUST 2021

1	2	3	4
National Kids Day			
8	9	10	11
15	16	17	18
22	23	24	25
29	30	31	

THURS FRI SAT

NOTES

It can be easy to hold onto things that we "might need" later on or would be "great for a project", but at a certain point it leads to a clutter problem. Staying on top of things and decluttering once a month can help keep things manageable.

5	6	7	
12	13	14	
19	20	21	
26	27	28	

Start small and pull out things that you have multiples of and have the children help you decide what to donate and what to keep.

SEPTEMBER 2021

			1
5	Rosh Hashanah begins Labor Day	7	8 Rosh Hashanah ends
12 Grandparents Day	13	14	15 Yom Kippur begins
19	20	21	22 First Day of Fall
26	27	28	29

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NOTES

Regular physical activity has been shown to improve your physical and brain health and can reduce stress levels. According to the World Health Organization, up to 80% of children don't get enough physical activity. It's important to offer children opportunity to move, even if they can't go outside.

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If you can't go outside, make an obstacle course in your classroom/room for children. They can help modify the obstacle course as they go.

TOBER 2021



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NOTES

Most people don't get enough water during the day, which can lead to dehydration and a weakened immune system. The amount of water that you should drink can vary from person to person, but you know you're drinking enough if you aren't thirsty and you're going to the bathroom frequently.

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14	15	16	
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28	29	30	

HP:

Add some fruit to your water for some natural sweetness. You can also try fruit ice cubes to keep the water cold and fruity.

NOVEMBER 2021

	1	2	3
_		Election Day	4.0
7	8	9	10
Daylight Saving Time ends			
14	15	16	17
21	22	23	24
28	29	30	
Hanukkah begins			

THURS FRI SAT

NOTES

Being grateful and showing gratitude to others can help increase happiness and reduce depression. Some people can show gratitude easily, while others find it difficult to be grateful or show gratitude. With time and practice, everyone can find the ability to be grateful.

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11		12	13	
	Veterans Day			
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Write down one good thing that happens to you every day and put it in a jar and take one out when you're feeling down.

DECEMBER 2021

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5	6 Hanukkah ends	7	8
12	13	14	15
19	20	21 First Day of Winter	22
26	27	28	29

THURS

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NOTES

Dance is good for your physical and mental health; it can help lift your mood and decrease anxiety by releasing endorphins. No matter what your skill level or age, everyone can dance. Dancing with children is fun and liberating, they don't care how good you are, only that you're dancing.

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2	3	4	
_			
9	10	11	
16	17	18	
23	24	25	
	Christmas Eve	Christmas Day	
20	31		
30	31		
	New Year's Eve		
	11011 1001 0 210		

TIP:

Set aside some time every day to dance with the children. Encourage them to set the playlist and dance with them!

QUICK REFERENCES

Kansas Department for Children and Families

Office of the Secretary 555 S. Kansas Avenue Topeka, KS 66603 www.dcf.ks.gov

East Regional Service Center

500 Van Buren Topeka, KS 66603 785-296-2500

Kansas City Regional Service Center

8915 Lenexa Drive Overland Park, KS 66214 913-826-7300

West Regional Service Center

2709 Amherst Avenue Manhattan, KS 66502 785-776-4011

Wichita Regional Service Center

2601 South Oliver Wichita, KS 67202 316-337-7000

Kansas Department of Health and Environment www.kdheks.gov

North Central District Office

2501 Market Place, Suite D Salina, KS 67401 785-827-9639

Northeast District Office

800 West 24th Street Lawrence, KS 66046 785-842-4600

Northwest District Office

2301 East 13th Street Hays, KS 67601 785-261-6100

South Central District Office

300 West Douglas, Suite 700 Wichita, KS 67202 316-337-6020

Southeast District Office

308 West 14th Street Chanute, KS 66720 620-431-2390

Southwest District Office

302 West McArtor Road Dodge City, KS 67801 620-682-7940

24 HOUR POISON CONTROL HOTLINE 1-800-222-1222

Kansas Action for Children

709 South Kansas Ave., Suite 201 Topeka, KS 66603 785-232-0550 www.kac.org

Kansas Association for Infant & Early Childhood Mental Health

P.O. Box 743 Newton, KS 67114 785-218-8236 www.kaimh.org

Kansas Child Care Training Opportunities, Inc.

2323 Anderson Avenue, Suite 151 Manhattan, KS 66502 800-227-3578 www.kccto.org

Kansas Children's Service League

1365 North Custer Wichita, KS 67203 877-530-5275, www.kcsl.org 24-Hour Parent Helpline: 1-800-CHILDREN

Kansas Enrichment Network

St. Andrews Research Facility 1617 St. Andrews Lawrence, KS 66047 www.kansasenrichment.net

Kansas Head Start Association

832 Pennsylvania Street, Suite 1007 Lawrence, KS 66044 785-856-3132 www.ksheadstart.org

Kansas Inservice Training System

2601 Gabriel Parsons, KS 67357 620-421-6550 ext. 1618 www.kskits.org

Kansas Infant Death & SIDS Network

300 W. Douglas Ave., #145 Wichita, KS 67211 316-682-1301 www.kidsks.org

Kansas Parents as Teachers Association

22795 W. 255th Street Paola, KS 66071 www.kpata.org

Kansas State Department of Education

900 Southwest Jackson Street Topeka, KS 66612 785-296-3201 www.ksde.org



 $1\text{-}855\text{-}750\text{-}3343 \bullet PO \ Box \ 2294 \bullet Salina, KS \ 67402\text{-}2294 \\ info@ks.childcareaware.org \bullet www.ks.childcareaware.org$

CHILD CARE PROVIDER PROFILE FORM

	Contact a	nd Vacancy Informa	ation
Name			Referral Preference Yes No
Business Name			Give Referrals 🔲 🗖
Street Address			License Number
City	County	Zip	License Type
Mailing Address			Phone Number
City	County	Zip	Secondary Number
Website			Preferred method of contact by Child Care Aware
Email			of Kansas: □Phone □Email □Text
			•

			Schedule			
R.A	TES			HOURS		SCHEDULE DESCRIPTION Select all that apply
AGE	FULL TIME	PART TIME	DAY	OPEN TIME	CLOSE TIME	□Full Time
Center 0-12 months	\$	\$	Monday			□Part Time
Center 12-17 months	\$	\$	Tuesday			□Day
Family/Group 0-17 months	\$	\$	Wednesday			□Evening
Center 18-23 months	\$	\$	Thursday			□Overnight
Center 2 Years	\$	\$	Friday	ĺ		□24-Hour
Family/Group 18-35 months	\$	\$	Saturday			☐Before School
3 Years	\$	\$	Sunday			☐After School
4 Years	\$	\$		AGES SERVED		□Weekend
5 Years	\$	\$	Minimum Age	Years	Months	□Full Year
6 Years	\$	\$	Maximum Age	Years	Months	□School Year
	·	·	Ye	ears of Experienc	e	☐Summer Only
Rates are: Hour	y 💷 D	aily		□ 5 Years or Less		□Offer Preschool
□Weel	dy □M	ionthly		□ 5-10 Years		□Drop-in
				☐ 10+ Years		□Emergency Care

	١	/acancies		
AGE GROUP	DESIRED CAPACITY	FULL TIME VACANCIES	PART TIME VACANCIES	NUMBER ENROLLED
Center Infant (0-12 months)				
Center Infant (12-17 months)				
Family/Group Infant (0-17 months)				
Center Toddler (18 -23 months)				
Center Toddler (2 Years)				
Family/Group Toddler (18-35 months)				
Preschool (3 Years)				
Preschool (4 Years)				
Kindergarten (5 Years)				
School Age (6 Years & Older)				
TOTAL				

Completed by	Date Completed

Check all those apply in each box

En	vironments
☐Smoke Free	☐ Fenced Yard
☐Outdoor Pets	□ Pool/lake
□Indoor Pets	□ Non-Carpet
☐ Air Purifier	☐ ADA Accessible Indoor
☐ Air Conditioning	☐ ADA Accessible Outdoor
□Dehumidifier	

Education*				
Early Childhood Degrees	Non-Early Childhood Degrees			
☐ 6+ hours in Early Childhood Ed.	☐ High School Diploma			
☐ Child Development Associate	□Associates			
□Associates	□Bachelor			
□Bachelor	☐Masters			
□Masters	□Doctorate			
□Doctorate				

^{*}check highest level completed- for centers fill out for director.

Business Polices/Practices
☐ Written Contract
☐ Maintains a waitlist

Intentionality				
☐ Career or Profession	☐ Personal Calling			
□Job with a paycheck □Stepping Stone				
☐ Work to do while my children are home				
☐ Way of helping a family member or friend				

Financial Options			
□ Local Financial Assistance	□DCF Child Care Assistance		
□KSCL	☐ Military Discount		
☐ Multi Child Discount	☐ Foster/Adoptive Care dis.		
☐ Sliding Scale	☐Youthville		
□ Scholarships			

Curriculum			
☐ Faith-Based			
□ Academic			
□Montessori			
☐ High Scope			

Transportation		
□Near public transportation		
□For Field Trips		
☐Provide transportation to nearby school		
□Walking to nearby school		

Meals			
☐Supports Breastfeeding			
☐ Infant formula/Food Supplied			
□CACFP/USDA Food Program			

Accreditation			
□NAFCC	□NECPA		
□NAEYC	☐ NACCP		
□NAC			
☐ Breastfeeding Designation	☐ Director Credential		

Language			
□English	☐Arabic	□German	
□Spanish	☐ Chinese	□French	
☐Sign Language			

Special Needs					
Behavior:		Medical/Genetic:		General:	
□Autism		☐ Cerebral Palsy		☐ Wheelchair Access	
□ADHD		□ Down Syndrome		☐ Administer Medication	
□ Emotional Disorder		☐ Hearing Impaired		☐On Site Nurse	
☐ Challenging Behavior		□Visual Impaired		☐Special Diets	
	•	☐ Food Allergies	Check special	needs you have experience or knowledge, whic	
Developmental Delays:		□Asthma	is relevant to inclusion practices and shou		
□Speech Language		□Diabetes	the age of the	e children in care.	
☐Gross Motor		☐ Feeding GI Tubes	Child Care re	Child Care regulations are intended to protect the health,	
☐ Fine Motor		□Monitors		ell-being of children when away from their	
□Social Emotional		☐ Seizures/Epilepsy		current regulation for child care center facilities (35) and those for day care homes predate ADA	
□ Cognitive		☐ Environmental Allergies	by almost 10	by almost 10 years.	

Child Care Aware® of Kansas is regulated as a child care resource and referral agency through Kansas Department of Health and Environment (KDHE). We collect a wide range of information about child care programs to help connect families with child care that meets their specific needs and to assist with state and national data collection on early childhood information. We will be updating the information on a quarterly basis to ensure accurate information is provided to families and for state and national reports. If you need additional assistance, please call our office at 1-855-750-3343.

NOTES

2021

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KANSAS CHILD IS GOING DIGITAL!

We are excited to announce that we are moving Kansas Child Magazine to a completely electronic publication!

This means you can access Kansas Child from anywhere! Watch our website and social media pages for the release of the publication!

Follow us for upcoming events, training opportunities, education materials, fun giveaways and more!

FIND US ON FACEBOOK, PINTEREST, TWITTER, LINKEDIN AND YOUTUBE!



FOLLOW US ON SOCIAL MEDIA!

TEXT CCAKS TO 59925!*

Get helpful tips, recipes, activity ideas and so much more sent right to your phone!

UP TO 4 MESSAGES A MONTH. MESSAGE AND DATA RATES MAY APPLY.

You can now download this monthly planner!
Visit our website today!