

Furnishing a Lactation Area

Basic Model	Even Better Model	State of the Art Model
<p>Clean space shielded from view and free of intrusion that is <i>not</i> a restroom.</p> <p>Electrical outlet (standard 110v)</p> <p>Comfortable chair</p> <p>Small table or flat surface to hold breast pump.</p> <p>Room located near skin with hot running water.</p> <p>Disinfecting wipes.</p> <p>Breastfeeding mother provides her own breast pump OR provides her own pump attachment kit.</p> <p>Breastfeeding mother stores breast milk in refrigerator or personal cooler.</p> <p>Wastebasket</p> <p>Labeling materials available</p>	<p><i>In addition to the Basic Model:</i></p> <p>Clean room that locks from the inside.</p> <p>Wall clock</p> <p>Bulletin board for educational materials or communications</p> <p>Educational resources available.</p> <p>Towel dispenser</p> <p>Foot stool</p> <p>Program owns or rents electric breast pump, breastfeeding mother brings an attachment kit.</p>	<p><i>In addition to the Better Model</i></p> <p>Mirror for the mother to view herself before she the lactation area.</p> <p>Lending library of breastfeeding resources</p> <p>Pleasant décor—bulletin board with educational information, displays of babies and families, CD or radio to cover pump noise and for relaxing music</p> <p>Employer provides personal electric pump or hospital grade multi-user electric pump. Note: Consider including an electric personal breast pump in your employee health benefit package.</p> <p>Employer provides pump attachment kit</p> <p>Employer provides a small refrigerator in lactation area for storing breast milk.</p> <p>Storage area for breast pumps.</p> <p>Internet access.</p>

Adapted from the Mississippi Breastfeeding Coalition's *Building Breastfeeding Friendly Communities Project* and the California Department of Public Health Breastfeeding Program.

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