

JULY

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 Go to a new park!
2 Have a flip flop foot race	3 Sponge relay- who fills the bucket first wins	4 https://www.activekids.com/food-and-nutrition/articles/healthy-fourth-of-july-treats-and-eats-for-kids#a5y_p=5516805	5 National Hawaii day so learn how to do the Hula!	6 Create a spider web obstacle course	7 Play red light green light	8 Outdoor scavenger hunt
9 Go on a nature walk. Bring back leaves for rubbing art	10 Play soccer	11 Balloon race between your knees	12 Game day! All the games you have	13 Shaving cream twister	14 Ice cream in a bag https://www.thebestideasforkids.com/ice-cream-in-a-bag/	15 Long jump contest
16 Play animal charades.	17 Make aluminum foil boats	18 Create stain glass chalk art with masking tape. 	19 Use pipettes with warm water to melt colored ice	20 Lego challenge- you build something for the kids to duplicate.	21 Read books outside	22 Build a hammock spot outside for a relaxing place.
23 Dance party day	24 Bat the balloon with pool noodles	25 Play hot lava- inside or outside	26 Create art with watered down paint in spray bottles	27 Make tic tac toe board with chalk. Use sand toys as X's/ O's	28 Visit a local water park	29 Bean bag toss
30 Play hide and seek with their shoes	31 Lawn Jenga!	1	2	3	4	5