

# Nemaha County Parent Resources



## Average Cost of Child Care in Nemaha County

Child Care Center
Weekly, Full-Time Rates Average Cost (\$)
12 Months and under
160.00
12-17 Months
150.00
18-23 Months
150.00
2 Years
145.00
3 Years
140.00
4 Years
135.00
5 Years
135.00
6 Years and older
135.00

Family Child Care
Weekly, Full-Time Rates Average Cost (\$)
17 Months and under
131.00
18-35 Months
121.00
3 Years
121.00
4 Years
120.00
5 Years
113.00
6 Years and older
112.00

Preschool
Monthly, Part-Time Rates Average Cost (\$)
3 Years
62.00
4 Years
67.00
5 Years
75.00

School Age Program
Weekly, Part-Time Rates Average Cost (\$)
5 Years
Data not available
6 Years and older
Data not available

**Information at your fingertips!**  
 Receive parenting tips via text message on:

- Child Development
- Activities
- Healthy Recipes & More

Up to 4 msg/mo. Msg & data rates may apply.

## Parenting Information

Resource	Contact Information	Services
Parents as Teachers (PAT)	Not Available	Not Available
Infant-Toddler Services (Tiny-k)	(785) 876-2214 www.keystonelearning.org	Services for families who have children with developmental delays
Head Start	(785) 742-2222 www.nekcap.org	Early Childhood education program serving income eligible families
Mental Health Services	(785) 742-7113 www.kanzamhgc.org	Services from individual therapy to medication assessment and management

[www.ks.childcareaware.org/](http://www.ks.childcareaware.org/)

Phone: 785-823-3343  
Toll free: 855-750-3343



1508 E Iron Ave.  
Salina, KS 67401



# Nemaha County Community Resources

## Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	(785) 562-5338 www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, health services
Health Department	(785) 336-2330	Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 336-2184 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life
American Red Cross	(785) 354-9238 www.redcross.org	Community services that help the families in need
Mary Cotton Public Library	(785) 284-3160 www.sabethalibrary.org (785) 336-2377 www.seneca-kansas.com	Books, classes, community information, internet access, children's programs, adult programs
Chamber of Commerce	(785) 284-2158 www.cityofsabetha.com (785) 336-2747 www.seneca-kansas.com	Community contacts promote and improve the business climate
Nemaha County Emergency Management	(785) 336-2135 http://ks-nemaha.manatron.com	Provides information to plan for a disaster/emergency
Nemaha Valley Community Hospital and Seneca Family Practice	(785) 336-6181 www.nemvch.com	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical
Kansas Special Health Care Needs	(785) 284-2152	Promotes the functional skills of persons, who have or are at risk for a disability or chronic disease

## State/National Services

Resource	Contact Information	Services
KanCare	www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	http://bit.ly/2spPMQ5 (785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations

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