

# Protecting Children from **POISONS!**

Children are curious, and as they develop, they often learn by touching, grabbing and tasting things. While it's important to encourage kids to explore and discover new things, when it comes to potential poisons, we want to keep them safe. Here are a few tips to show you how!

## POISON PREVENTION AT HOME

- Always keep medicine, household chemicals and cleaning products in their original, labeled containers. Never use emptied beverage or food containers, which could lead to children thinking the substance is a food or beverage.
- Keep purses, diaper bags, work/travel bags up & out of reach of small children.
- Read medicine and product labels before each use and follow directions exactly.
- Never call medicine "candy" or make a game out of taking medicine.
- Teach children to ask an adult before tasting anything.
- Avoid taking medicine in front of children. They like to imitate adults and may follow your example.
- Safely dispose of expired or unneeded medicines.
- Install carbon monoxide detectors on every level of the home.

## POISON CENTERS ARE HERE TO HELP

Save the Poison Help number, **1-800-222-1222**, in your phone as a contact and post it in clear view for all caregivers and family members to see.

Poison centers offer free, confidential medical advice available 24/7. If you think someone has been poisoned, call right away. Do not wait for symptoms to appear.

## LOCK PRODUCTS UP

These products should be locked up, out of reach and sight of children. Some may seem harmless, but can be poisonous to children if used in the wrong way, or in large quantities.

- Medicine (prescription, over-the-counter, vitamins)
- Household Cleaners
- Laundry Products (including laundry detergent pods)
- Health & Beauty Products (mouthwash, hand sanitizer, perfume, cologne)
- Garage Chemicals
- Car Products (including antifreeze and windshield washer fluid)
- Lawn Products
- Bug and Pest Control Products
- Alcoholic Beverages
- Cigarettes, Liquid Nicotine, and Nicotine Gum/Patches

