Just add water... MUD

Let’s face it... kids love mud! They seem to be drawn to it like a magnet. Why not follow their lead and let them play with it all while learning? Mud is nature’s best sensory resource. There are many activities you can do with children that require few supplies but can create memorable learning moments.

Create a mud-pie kitchen. Gather supplies including old bowls, pots, pans, muffin tins, spoons, rocks, sticks, leaves and grass. Don’t forget the star of the show...DIRT & WATER! Add children - they will figure out the rest. Playing with mud provides a valuable sensory experience for developing children. Allow the children to mix, grab, and play with the mud as much as they like! Ask them to make predictions about the mud.

Sometimes all it takes is a unique way to present a familiar lesson. Children will be amused to write letters, names, and numbers in mud on the driveway or sidewalk. Make a game out of learning, using mud that will simply wash away when you are done.

Create beautiful artwork from mud. Gather some plastic cups, dirt, water, food colors, brushes, paper, and cardboard. Ask the children questions about their creations.